The BARC BEACON
Shining the Light of Hope and Freedom

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A LETTER FROM THE PRESIDENT

Merry Christmas to all our BARC families!!

I can't believe another year has gone by already. It has been both a happy and a sad year for us.

We have welcomed many more BARC families into our group and had the pleasure of helping several more dogs move on to wonderful lives where they are loved unconditionally.

We have also had to say good-bye to so many dogs this year, and it has been just heart breaking. It seemed like we were losing dogs every day, and it was so devastating and overwhelming for a while. Then we had to sit back and realize that for many - not all - but for many, it was time.

BARC has been rescuing dogs for 10 years now. Many of these dogs have out lived the average life expectancy for Bernese. This has truly been a gift. Many of the dogs lost this past year were dogs from the very beginning of BARC; dogs who laid the foundation for all those who have followed. They are dogs that I will never forget, and I know you guys won't either.

Some we have lost too soon, and believe me when I say that we have all been heartbroken for those families. Each and every one of these pups is important to us, as are each and every one of our families. Our thoughts and prayers have been with you all through the hard times, and we are always available to you…anytime. Once you are part of this "family", you are always part of this family.

This time of the year always makes me want to share with you how important everyone of you is to BARC's continued success. Without all of you providing wonderful homes to these dogs, none of us could do what we do. I also want to express how lucky I, personally, feel to have gotten the chance to know so many special people. I have said it before, but I will say it again…Berner people are great, it is true.....but BARC people are AMAZING!!

Merry Christmas and Happy New Year to you all!

Hug those BARC babies - and their siblings - tight from all of us here at BARC!

— Amy Kessler



2011 BARC Calendar is a Success!

Thank you to all who contributed to the 2011 BARC calendar. And also thank you to our BARC families for making this another successful fundraiser—we have sold out! It features twelve of our special BARC Berners, as well as a special dedication to those BARC Berners who crossed the Rainbow Bridge in 2010.

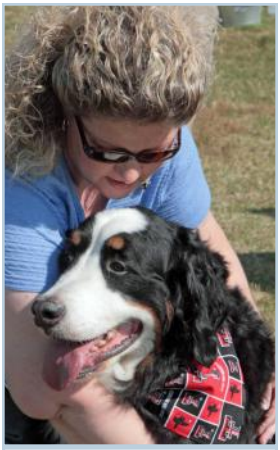
We are looking forward to next year's submissions, so keep your camera's handy! Remember the holidays and wintertime make for great moments with our beloved Berners...let's try to catch them on film!

Many thanks from the Ways & Means team.

Debby Fitch & Beth McNeal

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FROM THE EDITOR'S DESK



Lisa with Bosley

Welcome, all, to the 2010 holiday edition of the BARC newsletter!! We have been working hard to get this issue out nice and early so you can relax and enjoy reading it before the busiest part of the season is upon us...and we hope you'll utilize some of the amazing information within these pages to help you with your Christmas shopping!

This year you'll find a very special section in our holiday edition called "Santa's Helpers". This portion of the newsletter was conceived as a way of helping to connect BARC family members with merchants/items that other BARC family members have found to be particularly exceptional. We announced this idea in the September newsletter, telling everyone to write in with their favorite vendors/items that they count on or know to be truly special or high quality. We got some great responses - everything from pet beds to pet portraits; from books for the avid Berner owner to treats for the pampered Berner baby! We hope that all of our families will find this information invaluable. I know that I, myself, sent in several names of vendors/items that our family counts on. We hope that our extended BARC family will find this special "Santa's Helpers" list to be something they can utilize not only now, as the holidays rapidly approach, but on a regular basis whenever they find themselves in need of certain goods/services. Also, let us know if you like this idea as we'd happily expand it next year if it's something you find truly helpful.

We've also included special "Holiday Greetings" in this newsletter where BARC families who wanted to could send in photos and holiday greetings to share with all our families. THANK YOU to all of those who participated in making this edition filled with the spirit of the season! The happy faces, colorful borders, and cheery greetings make this newsletter a festive treat.

As always, we have our wonderful and informative articles you've come to count on as well as a few special feature articles we hope you'll take special note of; our beloved BARC president, Amy Kessler, gives us a Christmas greeting and update as 2010 draws to a close; our ever-vigilant "editor of all things witty", Janice Parky, has found another tantalizing tale to keep us in stitches in our newest column, "Funny Bones"; and Bosley shares another scrumptious treat in his "Bosley's Culinary Corner" that your dogs are sure to love during the holidays.

As always, I want to say a special thank you to those who make this newsletter happen. Without you guys, there would be no newsletter. It doesn't matter if you only sent in a holiday greeting, if you wrote one of the captivating articles, or if you put the entire thing together - YOU are a key participant in making this newsletter the joy that it has become to so many in our extended BARC family. So from our volunteer newsletter family to your families, we wish you the Merriest of Christmases and the Happiest of New Years!! God bless us one and all (including our VERY special BARC babies!)!!

Holiday hugs,
Lisa Hawes, editor
With Bosley & Tonka
Forever holding our beloved BernieBob close in heart...



Tonka

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BARC BUSINESS UPDATE

	2009	2010
Dogs Rescued	32	21
Adoptions Completed	29	19
Re-homes Completed	6	3
Donations/Adoption Fees	40,602	20,883
Expenses	33,030	26,804

If you have any questions or concerns, please email Karen Thompson at karenthompson@barcinc.net.

BARC OFFICERS:

- **President**: Amy Kessler—amykessler@barcinc.net
- **Vice President:** Linda Palma—lindapalma@barcinc.net
- **Secretary:** Courtney Erickson—courtneyerickson@barcinc.net
- **Treasurer:** Karen Thompson—karenthompson@barcinc.net

BARC BOARD OF DIRECTORS:

- Gary Turner—kcberner@sbcglobal.net
- Patti Tomaszewski—momtoma@aol.com
- Marietta Ehrich—ehrichma@mtco.com

NEWSLETTER STAFF:

- **Newsletter Editor:** Lisa Hawes—lkhawes@yahoo.com
- **Assistant Proofing:** Mary Ann Monte
- **Layout & Technical Production:** Beth E. McNeal

ADVISORY STAFF

- **Health & Wellness Articles:** Andrea Brin
- **Behavioral Issues:** Helen Hollander

RECENT ADOPTIONS



Linda & Mitch Bollag	Concord, NC	Inga
Ellie Borgstadt	Potosi, WI	Sammy
Denise Freeman	Sherman Oaks, CA	Nadia
Julie Greco	Chicago, IL	Lindy
Kristina Klingler	Austin, TX	Smidgen
Michelle & Carl Kohn	Allen, TX	Bosley
Lorena Laforest	Portland, OR	Caesar
Andrea & Michael Lettner	Orangeville, Ontario	Gracie
Mary Ann & Louis Monte	Slidell, LA	Zoe
Cheryl & Gary Thornton	Oklahoma City, OK	T.Boone



NEXT NEWSLETTER DEADLINE:

Deadline for submissions for the December issue of the BARC Beacon is Friday, February 11, 2011.

All submissions to be sent to the Editor, Lisa Hawes by email at lkhawes@yahoo.com.

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BERNER LOVE RUNS FREE

About ten years ago, Fred and I went on a vacation that would change our lives forever. We were in Northern California, more than 2,100 miles away from home, where we met two incredible dogs. Twice, we were shocked to learn that these dogs were puppies. That they were incredibly handsome tri-colored dogs was nice, but their calm demeanor and easy-going temperaments were what we fell in love with. Almost a year later, Tobie, our first Berner, became part of our family.



I used to be just a Berner pet owner. I knew early on that this wonderful breed was susceptible to some kind of a terrible cancer. I didn't want to know more. I just hoped. I just watched my girl's every breath. As she got closer to five years of age, I started to worry that I wasn't looking for the right signs – what if she was showing the signs of this awful illness and I was missing them? Maybe it was time to find out just what this cancer was. After all, if I didn't even know what kind of cancer it was, how could I spot it? One day, out of the blue, something popped up on Yahoo and I connected with the Berner-L. I discovered that there is a world full of people as nutty about their tri-colored family members as I am!

My discovery of the Berner world and desire to do more led me to volunteer to foster a puppy-mill rescue. The foster was delivered to my house by an energetic, confidant woman and her incredible Berner. Julie Greco has been very active with BARC as an owner, foster family, and transporter for many years. Julie and Sherman stayed with us for quite a while that evening, making sure we all got settled. Julie and I stayed in contact and kept in touch via Facebook. Through Julie, I met an incredible group of Chicago Berner owners who gather together every year to celebrate the birthday of all our Berners – whenever those birthdays fall – as so many Berners have far too few birthdays. Kayle Luthey hosts an amazing party, but it is all about the Berners.



This August, there were 21 Berners running about Kayle's home on one of the hottest days in a very hot Chicago summer. We chatted about Berners, ate, sang (accompanied by some timely yodels from Bam Bam), and Kayle served the Berners their very special, dog only cake. However, we were all watching Julie's Berner girl, Chloe. Chloe was quieter and more snuggly than usual. Julie was waiting on pins and needles for the results of biopsies on some nodules discovered on Chloe's internal organs. Julie's first Berner and heart dog, Monty, died of malignant histiocytosis at the age of six – the same age as Chloe. Maybe being in a house stuffed full of people who understand what she was dealing with was the best place for Julie to be that day. We all also knew that Julie was training to run the Chicago Marathon on 10/10/10, and that very day she had run her longest training run yet, 18 miles.

I had been following Julie's training for quite a while via Facebook. She had been running ½ marathons and dedicating them to dogs of friends – and at least one former BARC foster – that had crossed the Rainbow Bridge by wearing buttons with pictures of the dogs. At one point during her training, she posted, "Please, no more buttons." Well, that Saturday at Kayle's we all feared another button was going to be made.

Over the next month, Julie's training intensified. I would read about the how she would try to get Chloe to eat, couldn't eat herself, but she kept running and kept moving forward. Almost a month after the Berner bash and just three before Julie had to push herself to run 20 miles, Chloe left for the Rainbow Bridge. At the tender age of six, Chloe was able to run free after crossing the Bridge and wait for Julie and her husband, Mario. Julie told me that at the hardest part of the run that day in September, she thought of Chloe and sprinted instead of slowing down. She knew, as I believe, Chloe was running by her side.

Being a stay-at-home mom, I do a lot of driving. Oddly enough, I never seem to venture beyond a five mile radius of my home. I have never wanted to run a marathon; I have never had to watch one of my dogs wasting away to a deadly disease. Yet, Julie was doing both at the same time. These thoughts kept bouncing around in my head as I drove here and there and back again. I don't know exactly where the idea came from, but I knew I wanted to do something to show Julie that her friends were there for her. I asked Kayle and some other Berner folks if they would be interested in putting together a group of Berner Boosters that would cheer Julie on as she ran the 26.1 mile course. The answer was a resounding, "Yes!"

Kayle started contacting people with the hope that there would be a Berner at every mile post. I thought it would be fun to have shirts for us all

Continued on next page

to wear, but then decided that maybe we could make it a bit more "global", and turn it into a fundraiser in Chloe's honor, donating all the proceeds to cancer research. My thinking was that we all live in fear of this disease, but if we all came together, perhaps we could make a difference. I asked Jaime Meyers, a Berner owner in the Netherlands, if she would be willing to design the art for the shirt, and she readily agreed.



I asked Jaime to comment on her inspiration for the design of the Run Free shirts:

"When Lynn asked me to design the artwork for a marathon-themed tee shirt, I almost instantly had a vision of running Berners. I was given several suggestions to go for a profile style, but this went against my initial inspiration from a photo which was featured on the Berner-L home page some years ago--that of around a dozen dogs blazing through the snow towards the camera. What a spectacle! As I recalled how many times my own boys have stormed into the lens and how impressive a sight it is, the design began to form.



The slogan took longer to come across. It needed to be fitting for the marathon and of global interest at the same time. The t-shirt was meant to raise money for cancer research, but I also wanted something that could be meaningful to any and every Berner and their owner, whether they have fought cancer, fought fear and abuse, fought any battle of any kind--or if they've been blessed to enjoy a pain-free life of romping and stomping. I was playing with my boys in the backyard when it hit me. Run Free.

The Run Free t-shirt isn't just about cancer, nor only about the dogs we have lost. It is meant to celebrate what all Berners deserve from the human race--to Run Free and joyful, in body and spirit."

Things started to move quickly. I posted messages to various Berner groups and on Facebook. The response was incredible. I had secretly hoped that we would be able to make a contribution to the AKC's Canine Health Foundation Berner Lover's Fund that would be about $2600 - $100 for each mile Julie ran. I didn't know if that was feasible, having never done a fundraiser like this before. Orders came in from all over the world. Shirts would be worn in Australia, New Zealand, the Netherlands and all across the United States and Canada, even in Hawaii.

As I handled all the incoming orders, Kayle organized the Berner Boosters. She carefully analyzed the route and positioned all the Boosters and their Berners. There were 13 Berners carefully placed throughout Chicago on 10/10/10. Fred and I covered four mile posts with our children and Tobie, Monty and Lottie. Kayle ran around the route with Bertha and a friend, Kerry Ryan, helped out with Bucky. Also in the crowd were Bobbie Klimkow with Logan, Julie Feller with Charlie, Sandy Fox with Tullulah and Roman, Patti and Manny Grijalva with Boomer and Jasmine, Allison Bauman and Greg Cascio with Bam Bam and Maybe.

It was an unusually warm day for October in Chicago and the conditions were grueling for the runners. Experiencing the marathon as a spectator was amazing. The determination and courage of the near 45,000 runners was inspiring. We waited and watched for Julie and then waved and cheered as she passed. She looked like she was out for a nice jog in the park when we saw her early in the race. When Fred and I saw her at mile 18.5, the heat was starting to take its toll. While Lottie was doing happy rubs on the cement we waved and Tobie and Monty wagged their tails. I could see Julie take a deep breath, and change her pace from a walk to a run. Julie wasn't the only person that took notice of the Berners all over the place. A Berner friend of mine in California, Kit Lofgren, was asked what the significance of "all the dogs like yours" was along the track by a friend of hers who had come to Chicago for the race.



Knowing the last few miles would be the hardest for Julie to conquer, after our last assigned miles, we all tried to be at one of the last mile posts. Julie took time to stop and greet her furry Boosters. She kissed Jasmine at

Continued on next page

mile 24 and gave rubs to Tobie, Monty and Lottie at mile 25. Julie finished the marathon. Something most people will never do. She is already planning her next marathon and has added a new BARC baby, Shirley, to her menagerie. While Shirley cannot replace Chloe, I am reminded of Julie's attitude about the marathon. She kept moving forward.

Meanwhile, more orders for shirts were tallied. When all was said and done, 178 shirts were ordered. I estimate that our donation to the Berner Lover's Fund will be approximately $3000. The shirts arrived in my house two days ago, and I started packing them up last night. Each of my two sons, in turn, walked in to see what I was doing and each said, "That is a lot of shirts."

I would be thrilled to increase our donation if anyone reading this would like to place an order for a shirt. The Run Free shirt is available in short sleeve for $20.00 and long sleeves for $25.00. Shipping for up to two shirts is an additional $6.50. Please contact me at lynn.alvarez@comcast.net. Julie's story is an amazing one as is the story of how this whole fundraiser took on a life of its own. Thank you for allowing me to share Julie & Chloe's story.

-Lynn Alvarez



BOSLEY'S CULINARY CORNER

APPLE CINNAMON DROPS



INGREDIENTS

1 large apple

¼ c. honey

½ c. water

½ teaspoon cinnamon

1 c. oatmeal

1 ½ c. barley or millet flour

Additional 1/8 c. barley or millet flour

DIRECTIONS



Preheat oven to 350 degrees. Core, slice, and mince the apple (in food processor, if possible). In a large bowl, combine the minced apple bits, honey, water, cinnamon, and oatmeal. Gradually blend in the flour, adding enough to form a stiff dough.

In a small bowl, add 1/8 c. flour. Spoon the dough by rounded teaspoonfuls onto ungreased baking sheets, spacing about 2 inches apart. Using the bottom of a glass dipped in the additional flour (to prevent sticking), flatten each spoonful of dough into a circle. Adjust the size of the drops based on how big a treat you like to feed your dog. Bake for 30 minutes. Remove from oven and flip each cookie to brown evenly on both sides. Reduce oven temperature to 325 degrees. Return to oven and bake for an additional 30 minutes. Let cool overnight.

Makes about 3 dozen crunchy cookies depending on how big you make them.

**If you have a recipe that you'd like to share for yummy homemade dog treats, please send it to lkhawes@yahoo.com to be considered for inclusion in an upcoming issue of the newsletter.



Our newest feature called "Funny Bones," is an opportunity to share those hilarious moments that most all Berners, but especially our BARC babies, seem to create. Have a story, but don't consider yourself to be a writer?.... I will happily help you. I am also collecting short anecdotes for a future column compilation. So start sending those stories to me j.parky@comcast.net. and let's get the side splitting laughter going!!

—Bernerly, Janice Parky (editor of all things humorous)

Devil In Disguise

In February Horst and I were contacted by BARC to see if we could pick up and foster a 13-month-old Berner that was being relinquished by his owner. Turns out we're not very good fosters; 0 for 1, which is why we have a new family member. Meet Goliath, aka, Devil in a Fur Suit.

The first few days we had him, I came upstairs and he was standing on the couch with the remote control in his mouth. Maybe he wanted to watch Animal Planet, who knows. That was the first inkling of things to come. Next thing we knew socks were disappearing, leashes were in pieces, baseball caps eaten, books pulled off shelves and chewed, food taken from the kitchen counter, bar-b-q utensils missing, garbage was pulled from the can, and the list goes on. Nothing, and I mean nothing, was safe. We learned that Goliath could never be left unattended, so the new rule was to make sure he was always downstairs in the basement with us when we were working.

I had to run out one morning and reminded Horst to make sure to keep Goliath with him. However, shortly after I left, Horst heard a ruckus upstairs coming from the laundry room. He rushed into the room, where we have a shelf above the appliances that I keep our other pup's food bowl on, and found Goliath on the washer, standing on his hind legs, with his front paws on the shelf and his head in the food bowl! How does an 85 pound dog get on a washer? I asked Horst what he did, he told me for the first few seconds he was so stunned he couldn't do anything, and then he just started laughing.

Since Goliath is our first 'normal' Berner, we don't know if his crazy antics really are normal or if he's just a crazy boy. We do know he makes us laugh every day. My favorite thing, which I call his 'get out of jail free' card, is what I call Berner hugs. When I'm on the couch, he sits up on his back legs and wraps his front paws around me, while putting his head on my chest. I think he knows when he does that, all else will be forgiven.

If you enjoy funny dog stories, and who doesn't, check out Bad To The Bone: Memoir Of A Rebel Doggie Blogger. It's a laugh outlook at life through a dog's eyes...specifically, our dog Bo. Bo dedicated the book to all the rescue and shelter workers who make this world a better place, one animal at a time. He donates 10% of his proceeds to dog rescue. It's the perfect holiday gift for the dog lover in your life. Order on Amazon, or at your favorite retailer. Bo is offering a special for BARC members, you can get a personalized 'pawtographed' copy for $14 (includes shipping), just email me at hoefinho@bellsouth.net if interested.

Happy Holidays!
Horst & Lisa Hoefinger



BONE APETITE! HOW TO HAVE A HAPPY HOLIDAY, NOT A HOWL-A-DAY



Helen & Paxil

Believe it or not, it's holiday time already. Thanksgiving is just around the corner and Christmas is moving in quickly. This time of year, families and friends gather for incredible dinners and festive celebrations. And this also means a lot of yummy food preparation is going on in the kitchen.

With all the cooking going on, you can bet your dog is going to be doing his best sit/stays right there in the kitchen with you. In addition, you can be certain that all this focus on food is going to trigger some new and unknown and definitely unwanted behaviors in your dog.

If the holiday dinner is at your home this year, you can bet that your dog's whining, drooling and under-the-table nudging will surely put a damper on the festivities. Have no fear! You can prevent begging behavior before it even begins. The first rule to abide by is to never ever feed your dog from the table. If you do, you are training your dog to be a beggar. In fact, your best bet is to completely ignore him during mealtimes. Your dog will quickly learn that begging and pushy behavior gets him nowhere.

If begging is already a problem, don't worry. You still have time to get your dog on the right track before the turkey and Christmas Goose hit the table. Some behaviors like sitting or lying down on the other side of the room - are incompatible with lurking around the dinner table. So, brush up on the basics until your dog's sit, down and stay are solid and reliable. Practice makes perfect so be sure to ask your dog for a down-stay before you sit down to any meal or dinner EVERY day. Practice the sit, down and stay cues at other times as well. Think about this: If your dog is sitting or lying down, he can't be sniffing the table top or be jumping in your lap while you're eating dinner.

The first few training sessions "during your meal" will most probably be very challenging for your dog, so reinforce his self-control by periodically going over to reward him with a treat, a pet, and affectionate verbal praise, "Goooooood dog."

I have always taught my boys to "go to their place" during meals. They each have a designated spot where they each have a lovely knuckle bone to keep them busy and that affords me a peaceful dinner with my family. (Of course they get left overs once the table is cleared). Provide your dog with a busy interactive toy or a great bone that will keep your dog engaged during your meal and you can be sure to have a MERRY CHRISTMAS. "Bone" Apetite!"

Only good things
- Helen

HELEN HOLLANDER, CPDT—*Helen graduated from Hofstra University with a degree in Psychology and later worked in the field of Special Education. Canine Behavior and training has always been Helen's hobby. Upon her children's graduation from High School, Helen switched professions to that of working with dogs on a professional level and furthering her education in Canine Behavior.*
Helen is a Certified Pet Dog Trainer and member of the Certification Council of Pet Dog Trainers, a Professional member of the Association of Pet Dog Trainers (APDT), a Certified Behavior Counselor through the Animal Behavior Center of New York. In addition, Helen serves as a Board member of the Nassau/Suffolk Owners Handlers Association and is a member of the Bernese Mountain Dog Club of America. In 2006, she became an AKC certified Evaluator for the CGC. Helen is a proactive advocate of dog-friendly, reward based training and is the owner of THE EDUCATED PUP, LLC, a private training and behavior counseling practice, located on Long Island, NY. In addition, Helen moderates an E-List that offers help for those people who own Shy/Aggressive Bernese Mt. Dogs. Email BerneseAggressiveandShy-subscribe@yahoogroups.com to join.
Helen presently shares her life with her well trained and understanding husband and two Bernese Mt. Dogs and one Iraqi rescue pup, Dusty. When not counseling other people's pets, you can find Helen ringside handling one of her Bernese in conformation.



Watch for Rescue Gallery 2011

a celebration of some rescued Bernese Mountain Dogs and their families

Everyone reading this newsletter has dogs that have been rescued. Consider celebrating your dog in stories and pictures in Rescue Gallery 2011.

The entries will be displayed at the 2011 specialty in Del Mar and will appear in a printed booklet and on-line.

See http://www.berner.org/ . Double click on Rescue Galleries to see entries from previous years. This is the sixth year of the Rescue Gallery. Many BARC dogs have been featured.

The Rescue Gallery was begun because the schedule was too full for a rescue parade. Over the last 6 years, the stories have been heartwarming and heart wrenching. Although there are, unfortunately, many more rescue dogs, the stories presented here help the Berner community have an understanding of the rescue issue in this breed.



Owners can be identified by their pins with a Berner holding a star, like this one of my Pilgrim. He was the inspiration for the Rescue Gallery.

Rescue Gallery dogs will be wearing yellow bandanas.

Find the entry form and directions for Rescue Gallery 2011 at http://www.bmdca.org/specialty/2011/ . You need to submit both hard and electronic copies. The deadline for entries is **Feb 1, 2011,** earlier than usual this year.

Your dog should be in Berner-Garde. I think most BARC dogs are already in. See http://www.bernergarde.org/. We can help you enter your dog into the database if not already there.

Dogs can enter Rescue Gallery even if you are not going to the specialty. Some dogs have been celebrated even after their death.

Dogs can be entered whether they have been in before or not. Two dogs have been in all six years. One of them is Suzanne and E.J. Deering's BARC dog, Becca.

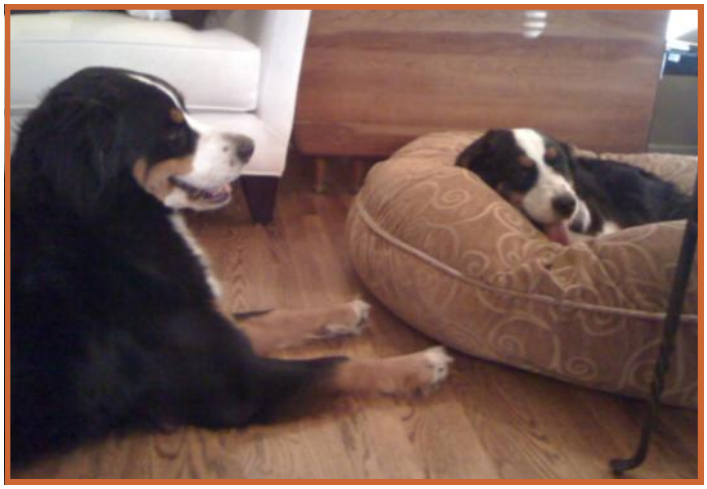
Cost is $25 for the full package (pin, bandana, booklet, and on-line stories) or $15 for display only (without pin and bandana). Add $5 for postage if not attending the specialty, so we can send your items back to you once Nationals is over.

The Rescue Gallery will be displayed prominently at the 2011 specialty. Please stop by, read on-line, or buy a booklet.

I look forward to your entries. If you have questions, please contact me.

Nell Ward
Rescue Gallery Chair
nell@jnward.org
252-671-887

SEPTEMBER'S PHOTO CAPTION CHALLENGE RESULTS



Top 5 captions in order of votes

(1) **Ya snooze, ya lose!! — Kim Clark**

(2) **No, really, the white couch is MUCH more comfortable than my bed! Yeah, mom said it's OK. — Ed Pariser**

(3) **Hey, you've had the bed all morning– it's MY turn! — Debby Fitch**

(4) **I'm NOT sharing!!! — Alexis Smith**

(5) **Can't you see I'm relaxing??? — Kim Clark**

BARC ADOPTIVE FAMILIES -- Because of the timing of the BARC newsletter, you may have an extension to December 6th (Monday) to let Joye Neff know that you wish to place a rescue ad.



Celebrate your Rescued or Re-homed Berner or your Rescue Organization

with a Discounted $35 *(regular price $40)* 1/4-page B&W, Pre-formatted Portrait Ad to run in the February 2011 Rescue Issue of ***The Alpenhorn****!

We design your ad for free!

Complete the form below and send your completed form, photo, and payment before December 1, 2010, to:

Joye Neff, c/o *Alpenhorn* Ad Office
1182 Firwood Drive
Pittsburgh, PA 15243-1881
joye.neff@gmail.com or 412-561-8539

Digital photos (with your last name as part of the file name) can be sent to:
nancymelone@mac.com

**The Alpenhorn* is the official publication of the Bernese Mountain Dog Club of America, Inc.

Feature your BMD Rescue Dog or Club Rescue Organization

in a specially-priced, 1/4-page, pre-formatted ad to run in the February 2011 *The Alpenhorn's* Rescue issue!

DEADLINE: December 1, 2010

Send this completed form, a check (payable to BMDCA) for only $35 (regular price $40), and dog's photo (1 dog per portrait or rescue organization's logo) via surface mail. Digital photos should be 300 DPI for best printed resolution. Do not re-size/alter the photo; we will re-size to fit the ad (and correct "glow eyes"). Photo will be sized at 2"x 3" or 3"x 2" for the ad and may be placed in a frame. If you are sending a digital photo, you may e-mail it (see below), but a paper printout of the photo, with the dog's name marked on the back, must accompany this form. Hard-copy photos will be returned to you if you include a self-addressed, stamped envelope (SASE) with sufficient postage.

Full name of Dog or name of Rescue Organization: _____

Dog's call name: _____ Age: _____

MAXIMUM 25-word (or 140-character) description of the Dog or Rescue Organization: _____

_____

_____

Dog owner's name or Rescue Organization contact information: _____

Dog's date of birth: _____ Dog's Berner-Garde ID#: (we can help if you need a number): _____

Advertiser's e-mail: _____

The BMDCA now requires a Berner-Garde ID # for all dog entries appearing in BMDCA publications.

Send complete package and check to:

Joye Neff, 1182 Firwood Drive, Pittsburgh, PA 15243-1881

Send digital photos ONLY to: nancymelone@mac.com

INTEGRATIVE ALTERNATIVE GUIDELINES FOR REHABILITATION



Andrea with Chi
Photo by John Moriarty.

So, Your Dog is Limping — what do you do?

A limping dog is a common worry. We often err either on the side of rushing the dog to the vet or doing nothing at home. Often, immediate action at home can make a significant difference. You always need to assess where the limp is coming from. Once you determine the source, icing that area can provide immediate relief and increase circulation to the area, thus reducing the swelling and inflammation.

Most of the time, a trip to the vet will yield a physical exam, possible x-rays, and an anti-inflammatory. Any limping that surfaces and does not respond should be tested for Lyme's and other tick-borne diseases *with a full panel done out of office* rather than a SNAP test.

A holistic approach might be to ice the area for the first 24 hours. Bags of frozen peas often make nice ice packs. After that, alternating heat for ten minutes then the ice for 10 minutes is effective. Always begin with cold and end with cold.

Many supplements address inflammation and can increase mobility as well. Arthroplex from *Thorne* and Inflam-Ease from *D'Arcy Naturals* are good examples of these.

For a dog with chronic issues, 'rehab medicine' is the way to go. When you strengthen the weak link, you can do more than just rest the injured area.



BARC's Misha Schmoyer in hydrotherapy

Hydrotherapy, laser electric stimulation, and PST can give a dog a new lease on life. Acupuncture, chiropractic, and massage are great therapy modalities. The IVIVI unit can lessen pain at home and decrease inflammation. When seeking out services for your dog, always make certain that you are going to a rehab facility not a vet who has some equipment. All certified rehab vets have completed training through Colorado State University or the University of Tennessee.



The Biko Brace is an assistive device designed to modify, improve and enhance the gait of patients.

Bosley in his Help'em Up Harness (shown above)

Assistive devices may also be helpful. The days of using the sling or towel have been replaced by the Help'em Up Harness (http://storesense4.megawebservers.com/helpemup_com/StoreFront.bok). DM dogs often can walk again with a biko device and/or wheels (www.handicappedpets.com).

Dogs flourish with enhanced mobility. We owe it to them to give their freedom back to them.

— Andrea

Andrea is skilled in canine massage and has completed course work in acupressure for dogs. Animal wellness comes naturally to Andrea, who has spent the last six years on a quest to create a holistic health environment for her two Bernese Mountain Dogs, Chi and Karma. Andrea also works as a nutritionist and wellness consultant. Her journey with her own dogs led her to bring services to the canine community that had previously only been available to their owners. She has chosen to step out of the box, think critically about their care and listen to their needs. She was instrumental in the development of Berner University and presents at the BMDCA National Specialty each year. Currently, Andrea is working with The Rabies Challenge Fund and other wellness projects. Photo © John L. Moriarty

SEASON'S GREETINGS



Season's Greetings

Bear-Emily-Duke

Suydam,

Stacy & Dwayne



Christmas blessings to one and all!

Rick, Bosley, Tonka & Lisa Hawes



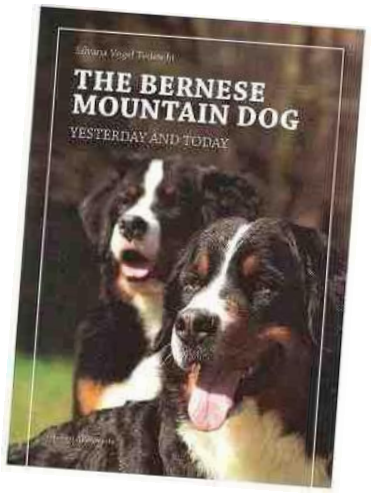
SANTA'S HELPERS

Some great gift ideas from some of our BARC family members.

THE BERNESE MOUNTAIN DOG: YESTERDAY AND TODAY

Amy Kessler highly recommends that all Berner lovers/owners get this book for their personal collections and/or give it as gifts to other Berner lovers!

A very exciting new book on Bernese Mountain Dogs by Silvana Vogel Tedeschi, an Italian breeder and exhibitor, as well as vice-president of the Italian Club, was published in September. All the details are on this website including a list of contents, the author´s introduction and a foreword by Margret Baertschi and Hansjoachim Spengler http://bernese.biz/bernerbook.htm



This new book gives English-speaking readers the first opportunity to have access to important facts about the breed which have only been available in other languages. The interesting history of the breed is described in great detail. With words and informative illustrations, it is shown how the Standard is to be interpreted, and how the individual traits should be considered in the show ring and in breeding. Particular attention is paid to the distinctive features of the temperament and behaviour of these former farm dogs, showing how their history has moulded their character and behavior. The following chapters explain how a puppy develops mentally and physically with good advice on raising and general management, as well as life with the adult Berner today. The last chapter contains information about problems involved in the growth of the skeleton and how these can be influenced by nutrition and proper care of the puppy. The inclusion as an appendix, of the first complete translation of Professor Albert Heim´s text, "Die Schweizer Sennenhunde" published in 1914, with fascinating explanatory notes by Margret Baertschi, makes this book particularly valuable. It will be the standard work on Bernese Mountain Dogs for many years to come.









THE TRUMAN COLLAR

www.thetrumancollar.com
Debby Fitch
207-422-3764



Debby is a BARC mom (several times over!) who works tirelessly to make these lovely collars, leads, harnesses, and bandanas for our beloved pets. If you haven't ordered your pet a new collar, the holidays are a perfect time to do so...so order one of Debby's spectacular collars right away before the holiday rush!

25% of every Truman Collar purchase will be donated to the Morris Animal Foundation to help fund research on Hemolytic Anemia.







SEASON'S GREETINGS

Merry Christmas!
Patti Finley and Willow





Happy Holidays!!
Lori Jacobsen
and Arwen

SANTA'S HELPERS









Why Our Tags are Better

When buying a pet ID tag, durability and functionality should be your foremost considerations in protecting your pet from being lost. Our priority is a tag that will still be on your pet and readable for years after it's originally purchased. Don't chose a tag based on "cuteness"; our tags are great looking, but they're more durable than tags produced by other manufacturers. We spend the money to ensure our quality and durability are the best!

And these tags come highly recommended by Karen Thompson (BARC's treasurer) who mentioned that the functionality of the slide-on style tag, which slips onto the actual collar and doesn't dangle from it, is great for those rescues who are more fearful and sensitive of tags clanking on water/food bowls and things of that nature. You simply won't find a better value for your money!

For Pets that Come Back
Ph: 805-473-5958
Fax: 805-473-8251

Lori Simidian says to talk to Maxwell for the best bully sticks around!

E-PETS BOUTIQUE.COM
1800BULLYSTICKS.COM

e-petsboutique.com ▪ ▪ 516-869-3378

Bully Sticks taste great and satisfy your dog's urge to chew. These dog chews use an authentic, all-natural process that assures every quality treat is flavorful and easily digestible. Our dogs go nuts over these chews and yours will too! These aren't raw-hide chews. These are slow roasted delicious beef chews. Made in a dog treat plant built to USDA specifications. Your dog won't find any fillers, added salt, grain, preservatives, artificial flavors or colors. Great Value! 100% Digestible. These long lasting non-messy chews will become your dog's obsession!







SEASON'S GREETINGS

To Our BARC Family

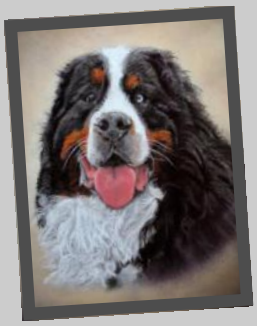
The entire Monte family wishes you a safe and joyful holiday season and a peaceful and healthy 2011.
Louis, Mary Ann, Demi, Sig, and Zoe – The Montes





Wishing everyone a joyous holiday season chock full of bones and bully sticks
Jake (the camera-shy big man) and Murphy (the good sport)
– Lori Simidian

SANTA'S HELPERS

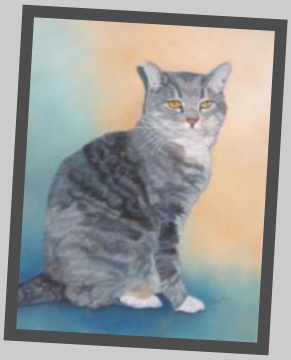


ART TREASURES BY TAMMY

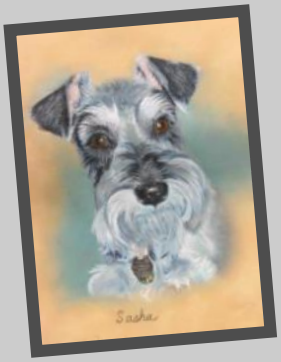


TAMMY ODOM ▪▪ 806-745-5447 ▪▪ EMAIL: TEO6@ODOM47.COM
http://www.tammyodom.com/petportraitpage.htm

I truly enjoy capturing the priceless faces and personalities of pets in my artwork. An original fine art pet portrait is a wonderful way to celebrate a cherished pet or remember those we have lost. I love to bring the special things in different photos together to create a pastel portrait that captures the essence of that companion.



The joy my portraits have brought to pet owners around the world is a constant source of inspiration to me. Lisa Hawes told me that the portrait I did of her Bernie (top right) brings her daily comfort as I captured his "essence" perfectly. In fact, she loved it so much that when a friend's berner passed away recently, she called upon me to do a portrait for her friend (top left).



Prices:

Head only, fading out around the shoulders: $70 8"x11" matted 11x14
Head of 2 pets: $130 11"x14" matted 16x20
Full figure: $80 11"x14" matted 16x20 (Includes a plain background)
Full of 2 pets: $150

PetExpertise.com
Maximize Your Dog's Potential

1-888-4PetExp (1-888-473-8397)

Pamela Lowe recommends this company for wonderful all-natural antler chews for our beloved pets. Here is what she says about them:

The antlers are odor free, don't break down, and are long lasting. Reuben is in chewy-love with them…so was Olive. The sizes range in size from XS ($3.50 each) to gigantic ($29.00 each). XL antler dog chews $15.00 each.

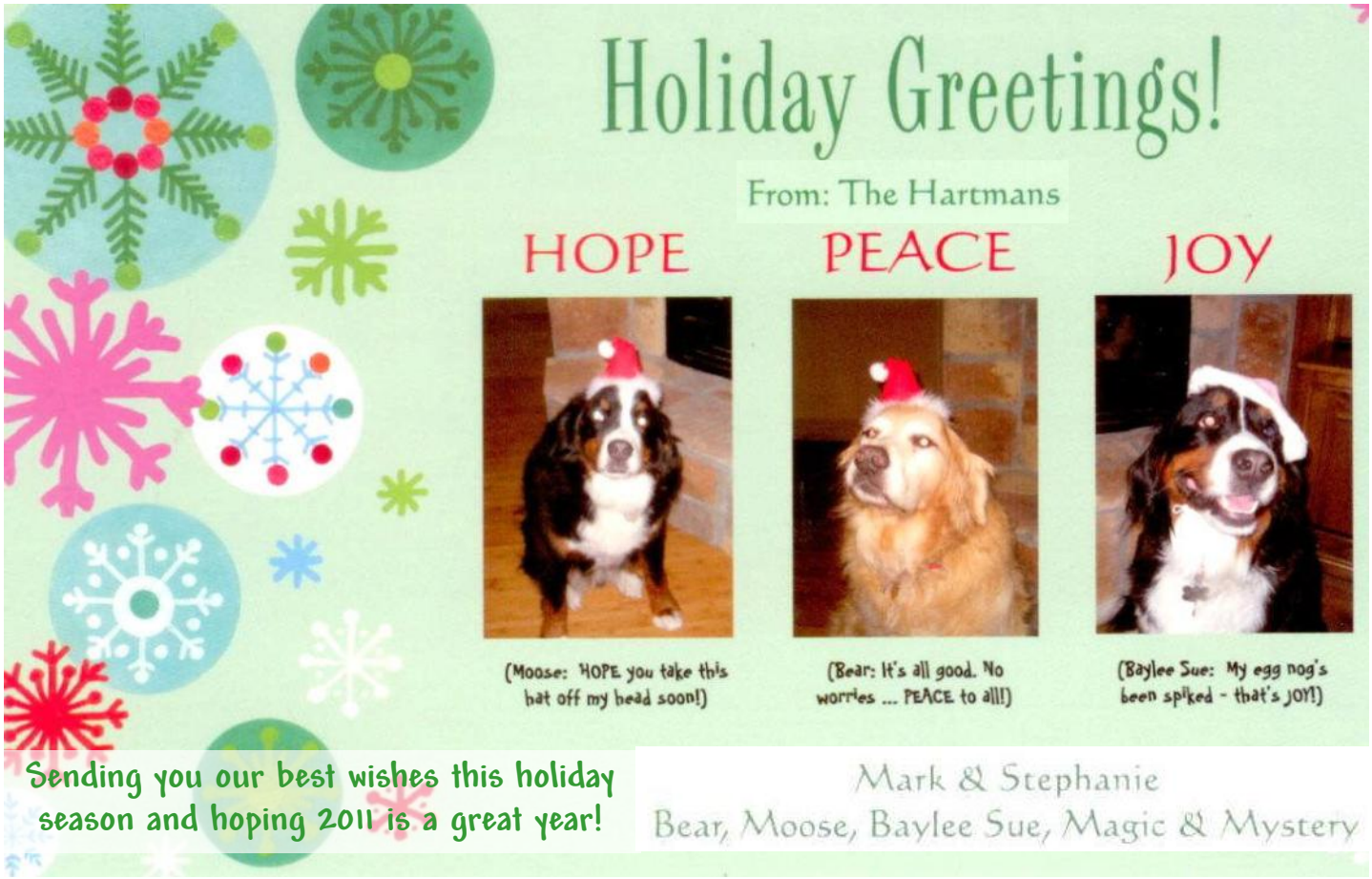


SEASON'S GREETINGS

Joy to the World! Wishing the best of the Holiday Season to our BARC Family and Friends,

Halley, Wrigley, and the Parky-Cagwin Family





SANTA'S HELPERS



DOCTORS FOSTER and SMITH
BECAUSE WE'RE VETS, WE LOVE PETS™

Highly Recommended by Lisa Hawes with Bosley & Tonka

800-381-7179 — www.drsfostersmith.com



Deluxe Orthopedic Pad & replacement covers.



Quilted Super Deluxe Dog Bed & replacement covers



HIGHLY RECOMMENDED
BY LISA HAWES
WWW.K9TAG.COM
TAG@K9TAG.COM
703-402-6917





SANTA'S HELPERS

Natural Pet Market

A Health Food Store for Cats and Dogs!

263 Rice Lake Sq • Wheaton, IL • (630)682-4522
www.naturalpetmarket.com • Mon-Sat 10am - 7pm, Sun 12pm-5pm

Studies prove that pets improve OUR lives, Isn't time to return the favor?

Allergies? Tummy Woes? Diabetes? Cancer? Eye Issues? Anxiety? Bad Breath? Itchy Skin? Arthritis?

Natural Pet Market has Chicagoland's LARGEST selection of safe and effective pet supplements and remedies.

HAPPY HOLIDAYS TO ALL BARC FAMILIES!

PRESIDENT, TRACEY WERNER — A PROUD BARC MOM.



- Super Premium Kibble
- Raw Food
- Homeopathic Remedies
- Herbal Formuals
- Freeze Dried Diets
- Dehydrated Foods
- Fresh Bakery Treats
- Safe Toys
- Comfy Beds
- Eco-Friendly Items
- Knowledgeable Staff

Every Berner can make a difference



Every dog has a story to tell. Have you shared your dog's story?

With the Berner-Garde Foundation, sharing your dog's story has never been easier. Throughout your dog's life, you can add and update health records and other important information to ensure that your dog's legacy lives on and impacts the future of the breed. Berner-Garde will be happy to assist you with getting started. Please visit our website at www.BernerGarde.org for more information.

Berner-Garde Foundation
Incorporated 1995

SANTA'S HELPERS



www.bestbullysticks.com
804-477-6033
877-438-5853

Pamela Lowe and her crew of Berners, Jack, Zsa Zsa, Rueben, and Scarlett, highly recommends these unique treats for your special pets. Here's what Pamela says about them:

I've been purchasing packs of mixed large/jumbo, usually on sale for $22.00 (3 in a pack). other options are:
small (3-5 pieces $9.49, sale price $7.75),
medium (2.5 oz/1 inch $7.49, sale price $6.00),
large (3.5 oz/2 inch $9.49, sale price $7.75),
jumbo (7.5 oz for $17.99, sale price $14.50).

The Himalayan dog chews are made from boiled milk from yaks and cows and then dried. it is an authentic cheese made and consumed by the Himalayan natives.



These dog chews kept Reuben and Scarlett busy and happy in the car and motels all the way from the Ohio/ Kentucky border to California. Jack and Zsa Zsa were test chewers during the early part of the summer. They gave their licks of approval.

Artifax Communications, Inc.
Rain Longson
Phone: 604-727-8062

I do paintings of pets, mostly dogs. This would be a great gift idea for the holidays. If you reference this ad in the BARC newsletter when contacting me about a portrait, I would be willing to donate 15% of the sales to BARC.

I charge my paintings by the inch $2.50. As a holiday special through BARC, I'll charge $2.00 per square inch, so a 10 x 10 painting would cost $200.00, plus shipping and handling (taxes only applied in Canada). $30.00 from that sale would be sent to BARC.

Attached are some samples of my work. I work in acrylic on stretched canvas and in water color also stretched on a wood frame. I am working on a special portrait of my BARC baby Maggie now.

BARC's Freckles





FUNDRAISER FAQ'S — BERNER-GARDE



Joye Neff with Breeze

Joye Neff is a fundraiser for Bernese Mountain Dogs, both nationally and internationally. Since 1999, she has raised $645,762 doing fundraisers on the Berner lists for Berner health, rescue, and education. The generosity of the Berner Lovers on the list made this total possible and she is thankful to everyone for their support!

Joye Neff
1182 Firwood Drive, Pittsburgh, PA 15243-1881
(412) 561-8539 — joye.neff@gmail.com

Q: Which fundraiser is currently running or will run during this quarter, and where do I go to find it?

A: The next fundraiser will be the 2010 Berner-Garde Fundraiser, and the money we raise will support the Blood and Tissue Repository at Michigan State University. It will start on December 28, 2010 and run until February 20, 2011. Simply click on the link to check it out! http://bernese.biz/2010BGFFundraiser.htm

Q: Why should I, as a Bernese Mountain Dog owner, participate, and how does it benefit our breed?

A: Berner-Garde Foundation (BGF) and Michigan State University (MSU), with support from the Bernese Mountain Dog Club of America, have established a repository that will collect, store and maintain DNA and tissue samples from a large population of BMDs, whether affected with a disorder or not, along with pedigree and medical history information. MSU is providing a repository that will store and catalog DNA and tissue samples for future health research purposes, and will use available state of the art diagnostic evaluation of submitted specimens, as well. The samples that will be stored for future research purposes include blood samples, cheek swabs, preserved tissue biopsy samples, and fresh frozen tumor tissue.

To encourage submission of samples to the Repository, the cost of submission of blood, swabs and biopsy samples is covered by funds from Berner-Garde and the BMDCA. The owner will pay the cost of shipping and veterinary costs to obtain the sample.

Q: Is there a website that tells me more about this cause?

A: www.bernergarde.org The Berner-Garde Foundation was established to collect, maintain and disseminate information about genetic diseases observed in the Bernese Mountain Dog. The BGF is comprised of a voluntary Board of Directors, several committees and, at its core, a computerized database. The database contains information which has been compiled over many years from voluntary submissions of data from owners and from other public sources of information.

The information in the BGF database is now available online to owners, breeders, veterinarians and researchers who are working to reduce genetic disease in the Bernese Mountain Dog. In addition to maintaining the database, the Berner-Garde Foundation funds research studies aimed at reducing the health problems found in Bernese Mountain Dogs. Research proposals and grants are approved on a case-by-case basis by the Board of Directors.

Q: How does this fundraiser work?

A: Go to the website listed and simply follow the directions to participate in this fundraiser. Just send a check for the amount you choose to Joye Neff, and tell her which items you'd like your tickets placed on in hopes of winning when she draws for the prize winners at the end of the fundraiser. There are, as always, LOTS of great prizes to choose from.

Q: How do I participate to donate items?

A: To donate items, simply purchase the items (especially Berner items), then send them to: Joye Neff/1182 Firwood Dr/ Pittsburgh, PA 15243-1881. Be sure to send her an email letting her know it's on its way.

Q: How do I participate to win items?

We have assembled many lovely Berner items to give to those who have Berners in their lives or who wish they had a Berner in their life.

Tickets to win these wonderful Berner items are FREE and easy to obtain! Just send me an e-mail and ask for tickets. joye.neff@gmail.com. Tell me how many and how to distribute the tickets you are requesting.

EXAMPLE: "Joye, please give me 20 FREE Tickets. I'd like you to place the FREE Tickets into the following envelopes: 2 each in items number 2, 8, 14, 22, 33. 34, 45, 63, 77 and 89."

That's it! Just ask for tickets. People may also request to send FREE Tickets to friends, mentors, and people they admire—it's fun!!! We will run a fundraising drive for Berner-Garde during this same time period.

Berner-Garde is a not for profit 501 c 3 organization, which means that your donation is tax deductible. Your contributions to Berner-Garde are so important in order to help maintain the Berner-Garde Database and the DNA and Tissue Repository. Berner-Garde needs your donations to continue this magnificent work.

You may also see www.BMDfundraiser.org for information on all Berner charities and fundraising links.

LOOSE LEASH WALKING

Clicker Training Lessons

gentle & effective obedience training for your dog

Loose Leash Walking

When I ask my dog school students which behaviors they are having trouble with, pulling on the leash ties with jumping up. It's no wonder that it's such a problem, as most owners have been unwittingly teaching their dog to pull ever since they brought him home! Why? Because dogs do what works. Simple. For many dogs, they have always dragged their owners places. Why do they do this? First of all, because it WORKS. Don't they always get where they wanted to go by dragging? Also, dogs have a very strong urge to resist pressure. When they feel the pressure on their necks, they about can't help but pull against it. You need to stop making pulling work for him.

Old Fact: pulling gets me to the park .

New Fact: pulling doesn't get me to the park!

So, all of that time you were letting yourself be dragged along, you were actually teaching him to pull you! Please realize that to successfully re-train him not to pull, you can't train some of the time & let him pull the rest of the time. You HAVE to make the commitment to only train the behavior you prefer! At the bottom of the page I have some advice for how to get places while you are still working on this.



Sara is ready to practice walking - treats in the hand NEXT to the the dog

Ready to start? Get yourself ready - have a whole bunch of tiny treats (or one really big treat he can nibble) and a good leash. I recommend a short one (4 - 6') that is comfortable to hold. Put the Flexi-leashes away for now. Have the treats in the hand next to the dog. Hold the leash in your other hand, gathered up so that there is just a bit of slack. It is very important that it not be tight.

Okay, now start out with your dog sitting or standing at your side. Use a treat to lure him around to that position if needed. Let him see the treats you are holding in your hand.Say his name once to get his attention, then step off, praising happily. Take JUST 1-2 steps, then pause in mid stride to deliver a treat. (We no longer have people use the clicker for this in class - it was difficult for many people to coordinate everything, and we found that the dogs pick this up very easily without the clicker.)



Sara steps off, after getting Sugar Bear's attention



Sara & Sugar Bear walking nicely



Sara is starting to deliver the treat



Beautiful walking!

Wait just long enough for him to gobble down the treat, then take 2 more steps and give another treat. Be sure that you are getting the treat to the dog quickly, so that he is still by your side when he gets it. If he runs out in front, then lure him back to your side before giving him the treat. CAUTION!! Don't go more than 2 steps for now! You must hold your dog's attention for this to work and that is so much easier for only 2 steps. Be sure to praise enthusiastically the entire time he at your side! If you need to turn around, then lure your dog around by holding a treat right in front of his nose, make the turn, pause to give the treat (get it to his mouth really fast - you want him to still be at your side when getting it), then move on. However - be careful to only use the luring on the about turns and when you have to go past any distractions your dog isn't ready for. Otherwise, when you are walking you must keep the treats away from the dog's nose. He should NOT be walking along, simply staring at a treat you are dangling. So, when you are moving forward, a few steps at a time, keep your treat hand up by your waist and out of his sight.

If at any point he runs ahead, then lure him back before stepping off again. If this is happening often, then you need to take fewer steps before delivering a treat. Also try to walk quickly and praise - both of those things will go a long way towards keeping your dog's focus on you.

If you have a very small dog or puppy, you might find it gets old bending down to deliver the treat. You can try using a long wooden spoon dipped in peanut butter or soft cheese. You just hold it up and out of the way while walking, then dip it down so your dog just has to reach up a bit for a quick lick before you continue on. Thanks to trainer Patty Ruzzo for sharing that tip - one of her own students thought of it!

When your dog is consistently walking nicely for 2 steps, then begin requiring more. 4 steps, then 6 steps, etc. before you pause to treat. Keep it fun - make a lot of turns and circles.

It is essential that you use good enough treats,

Continued

work in a distraction-free area at first, and that you praise the WHOLE time you are pleased with your dog's behavior. You cannot praise enough! Usually a happy, high pitched voice works well. Try to sound a little silly! If you become quiet, you are likely to lose your dog's attention. You are competing against the entire environment for his attention so you had better be pretty darn interesting! It is far, far easier to capture his attention before you start out & keep it than to try to capture it back again & again.

Troubleshooting - is your dog basically staying at your side but jumping up as he walks? Just ignore that at first - consider it sloppy walking that is good enough for now. As you get your coordination down you will be able to start walking at a much brisker pace which usually eliminates the jumping. If it doesn't, however, once the dog is consistently walking at your side (albeit jumping while doing it), you can begin shaping his behavior by no longer stopping to treat when he is doing the jumping thing. To get a treat, he will need to take at least a couple of steps without jumping.

When you are up to 10 steps or so, it is time to start being variable! From now on, don't just go more & more steps before treating or your dog is likely to lose interest. Instead, work on greater distances variably, throwing in some really short walks now & then (e.g. Go 10 steps, treat, then 12, then 8, then 15, then perhaps just 3. Then 13, 18, 20, 24, 19, 4, 23, 25, etc. Of course, you are still praising the entire time you are moving & then pausing to treat.)

Eventually you will be ready to work around distractions, although don't rush this! You want your dog to be successful - keep it easy for him. When you are ready, start out with very mild distractions (other people across the street or watching, etc.) and work slowly up to better ones (other dogs around, first far away then closer). Whenever you work in a new place or with a new distraction, be prepared to use really high potency treats and to go back to just a couple of steps at a time as a warm up.



The Automatic Sit - would you like your dog to sit nicely, in heel position, whenever you stop without even being asked? That is the Automatic Sit. To teach this (I would wait until you are up to at least 8 steps or so) simply take a a couple slower, smaller steps before you stop, and as you take the last steps use a treat in your hand to lure him up into a sit. Give a treat. No verbal command is needed. When he is starting to sit promptly for his treat, then test it - slow down into a stop and wait.... If he does sit (he may need to think about it for a few moments - be patient!!) then treat, giving a jackpot! If he doesn't sit, then continue walking for a few steps and try again. If that happens several times in a row perhaps you need to continue luring him on the sit a few more times to help him know what is expected. Don't worry if the sits aren't perfectly straight at first - you can shape them into being more precise later if you like. When you do stop, be sure to stand up straight & bring both feet together. This will help your dog to distinguish a true "halt" (when he should sit) from a pause for a treat (when you are in mid stride and likely leaning over a little bit). Be careful not to rely on the lure very long for the sit (or anything else, for that matter) or you will be stuck with it. You also want to be sure to continue to treat actual walking as well as when you stop & he sits.

Need a way to walk your dog during the time it takes to teach Loose Leash Walking? I recommend a special harness called Easy Walk by the Premier Company (ask for it at pet supply stores) or order from JB Pet Supplies from the image link below. This harness is an instant cure (but it only works when on). What is different about this harness is that the leash clips in front of the harness. When the dog starts to pull, the harness actually starts to turn him towards you, very effectively ending the pulling. If the harness is not enough, or if you dog is showing any aggression while out walking, then buy a head halter instead. This are by far the most effective training tools (far more effective then prong collars), but you will likely need to take some time to acclimate your dog to the feel of the halter on his head. They do not cause any pain at all, but do feel funny at first. So when you put it on him the first few times, be ready to distract him with tasty treats and keep moving so he stops thinking about it. You must keep a light touch on the leash when using a head halter - do not hang onto it! My favorite brands are the Comfort Halter and the Gentle Leader.

Even with a dog who normally walks very nicely next to me, there are times when I really need to be sure, such as in my vet's waiting room. On those occasions, I will usually have a juicy treat & just lure my dog into the office. That keeps her focused on me instead of on the other waiting pets.

Lastly, what about that Flexi-leads? Hang onto it for when your dog is older and has the whole walking nicely thing down pat. They can be a lot of fun at the park, in areas where there aren't other dogs around to get tangled in it.

Happy Walking!



Mary Woodward & Susan Greenholt

Greenwood Dog Training School

Wilmington, DE

*using positive methods to teach



BARC SPECIAL DAYS

December 2010

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Demi Monte	1/1/2006	Anniversary
Lexi Ginsberg	1/2/2000	Birthday
Leah Williams	1/2/2000	Birthday
Hope Barr	1/4/2010	Anniversary
Lilly Mauger	1/4/2004	Birthday
Dakota Wesley	1/4/2010	Anniversary
Frankie Whiteley	1/4/2004	Birthday
Maybe Bauman	1/5/2007	Birthday
Carly O'Connell	1/6/2000	Birthday
Barney Herbst	1/8/2009	Anniversary
Bandit Niggli	1/8/2009	Birthday
Paxton Kuehn	1/8/2009	Birthday
Storm Adriaans	1/8/2009	Birthday
Kaiah Cabral	1/8/2009	Birthday
Keeper Ricci	1/8/2009	Birthday
Dallas Goodman	1/8/2009	Birthday
Lily Comber	1/10/2009	Anniversary
Sage Miller	1/10/2004	Birthday
Jesse Neilsen	1/15/2002	Anniversary
Leah Williams	1/17/2009	Anniversary
Brenna Donovah	1/19/2006	Birthday
Barbie Woodford	1/23/2002	Birthday
Zsa Zsa Lowe	1/24/2001	Birthday
Denise Schatz	1/26/2004	Birthday
Moonlight Ginsberg	1/28/2004	Birthday
Emma Finn	1/30/2010	Anniversary
Owen Kirchhof	1/30/2004	Birthday
Bozo Schwartz	1/30/2005	Birthday

February 2011

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

Rocky Smith	12/1/2001	Birthday
Sophia Borgstadt	12/5/2007	Birthday
Mandy Florin	12/5/2007	Birthday
Mandy MacKenzie	12/5/2007	Birthday
Mandy Florin	12/6/2009	Anniversary
Katie Godar	12/9/2004	Birthday
Gracie Tingley	12/17/2008	Anniversary
Joy Westby	12/20/2008	Anniversary
Zack Hutchins	12/21/2001	Birthday
Samson Kenady	12/21/2008	Anniversary
Mandy MacKenzie	12/21/2008	Anniversary
Brett Fitch	12/25/2006	Birthday
Moose Hartman	12/28/2003	Birthday
Bosley Hawes	12/28/2003	Birthday

January 2011

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Rachel Breaux	2/5/2005	Birthday
Gina Thompson	2/6/1999	Birthday
Dani Johnson	2/9/2002	Birthday
Emily Vandemark	2/10/2005	Anniversary
Drake Odjik	2/16/2003	Birthday
Emme Meckes	2/20/2010	Anniversary
Lewis Fowler	2/22/2003	Anniversary
Tony Kutsenda	2/24/2003	Birthday
Lucy Brault	2/26/2003	Birthday
Sunny Crum	2/27/2004	Birthday
Sunny Lucas	2/27/2004	Birthday
Chief Minor	2/28/2006	Birthday

We would like to commemorate your BARC dog's special dates! Please help us start the BARC Database by sending information about your dogs. Send your information to: maryannmonte@bellsouth.net.

BARCINC BUZZ



Why Join The BARC List?

I've been a member of the BARC Inc list almost since the day it was started. All of us on the Board at the time were delighted that not only would it be easy for us to stay in touch with a lot of adopters at once, but also all of you could stay in touch with each other to offer support and advice that might be delayed if most of us were busy with auctions or issues with new rescues.

And the list has lived up to its promise, big time! Although I can't always contribute much, and there are times when, like others, I just don't have time to read every day, I have learned so much from the list. Each dog has a different set of challenges, but some of those challenges are faced by many of our dogs. Sharing information about diet and symptoms and supplements and training has helped me, and in her day, Sophia, more than I can begin to explain.

Beyond the practical information that is shared, the shared joys, worries, concerns, triumphs and tragedies has been amazing. Who can better understand the tears shed at the smallest steps than those who have shed those same tears? Who can better explain concerns a rescue dog might have about eating from a bowl than someone who learned to start with food spread on a cookie sheet or in a glass pie plate?

And who can better understand the bonding with an older rescue who seemed initially such a hard case than someone who has been there, done that, and has the t-shirt covered in Berner hair to show for it?

The support this group has provided in times of tragedy and sorrow has also been nothing short of amazing. I always knew that Berner people were special, but this list has taken it up a notch. I know that I feel the deep sorrow whenever one of us loses a dog, and when I shared my own grief at my loss of Sophia, the support from all of you made my grief easier to work through - and my recognition of the lessons she taught me, the joy that she had brought me, overcame my own sorrow much more quickly than I could have imagined. I still miss her terribly, but I know that she is part of me, part of all of us, still teaching and guiding.

And I get to share the antics of my goofy little Hagar, still short of being civilized but becoming more and more Bernerly by the day.

I am so glad that the list has thrived all these years - and I hope to be a part of it for many more years to come.

-Liz Caldwell

YAHOO! GROUPS

****To join the BARCINC Yahoo! group list, simply send an email to: BARCINC-subscribe@yahoogroups.com telling us a bit about you and your BARC baby.**

You can also find BARC on Facebook Causes

http://apps.facebook.com/causes/199903

THE LAST BARC — DECEMBER PHOTO CAPTION CHALLENGE



A new Photo Caption Challenge for December! The picture is randomly chosen out of the BARC Photobucket.

So all you creative, witty people out there, here's your chance to have some fun.

Email your photo caption to Lisa Hawes, Newsletter Editor (lkhawes@yahoo.com) by February 11, 2011.

The top 5 captions as chosen by the Newsletter Staff will be published in the next issue, along with a new challenge.

Enjoy!! Have fun!!