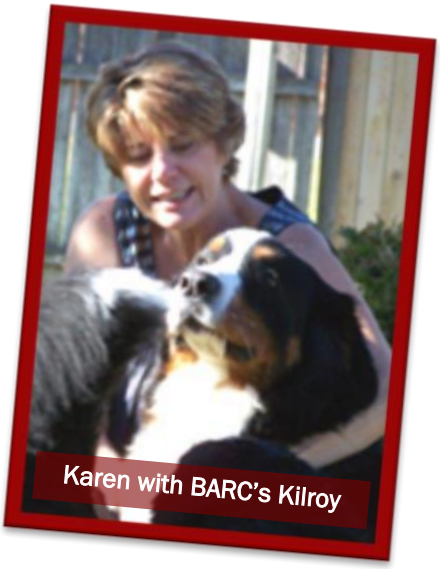
The BARC BEACON
Shining the Light of Hope and Freedom

BMD Artwork © 1990-2011 Argostar.com

VOLUME 5 ISSUE 3 WWW.BARCINC.NET FALL 2011

THE PEOPLE BEHIND BARC — KAREN AUFDEMORTE

When Lisa asked me to write something for the newsletter, I hesitated because I was the feature family not long ago and didn't think there was much new to tell. Most of you know I've been a BARC foster home for quite a while and have had a few fosters spend time with me on their way to a new life. As a result, it wasn't hard to say yes a few months ago when Amy Kessler called and asked me if I would be willing to serve on the Board.


Karen with BARC's Kilroy

Saying yes to serving on the Board was easy – why wouldn't I want to do even more for an organization that I have great respect for and that does so much for so many dogs? Although it's only been a short time, I have not been disappointed and am truly enjoying the expanded opportunity to participate. My Master's studies were ending and I needed something to fill the spare time that occasionally crops up when you have a full time job and five dogs.

When I applied to volunteer for BARC five years ago, the first "role" I was given was that of an approved foster family. It was, and is, great fun! I so enjoy continuing to hear from the families who now call my fosters theirs. Once I joined the Board, Linda Palma, our Vice President, asked me to assist her with processing applications and matching up dogs to prospective families. It is kind of like extended fostering.....I get to be involved in the miracles we create, sometimes without meeting the dogs. I have the chance to talk to the prospective families, find out what their life style is, and help steer them toward the dog I think will match best with that.


Lionheart's Bogey

Of my own, many of you know that one of those five dogs is a Lionheart puppy, Lionheart's Bringin' Down the House, aka "Bogey," who will be hitting the show ring starting in October with me on the other end of the lead. I've shown dogs before, but it was a very different, and smaller, breed. It looks to be a fun adventure ahead if my Bogey has even half the stunning talent his Grand Champion father has. One of the traveling partners for our show trips will be BARC's Kilroy.

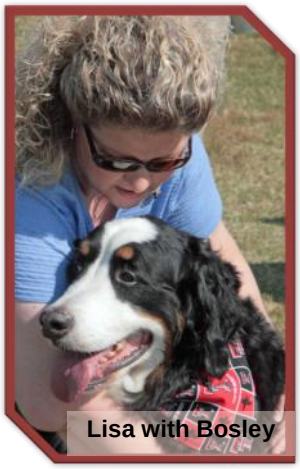
Kilroy has proven himself to be a true ambassador for rescue dogs. He's handsome, sweet, and pretty outgoing, even in new situations. Bogey adores him and they can usually be found together. Spectators at dog shows seem to be drawn to the Berners, so having Kilroy along will give me a chance to champion BARC, rescue dogs, and the reasons to avoid puppy mills to as many people as will listen.

The most important thing I want to convey with this article is how truly grateful I am to each one of you, our BARC families. You are the real heroes of our organization. It wouldn't matter how many dogs we rescued if we didn't have each of you, opening your hearts and your homes, to give these dogs a chance at love and happiness in a forever home. I continue to be in awe at your generosity, your true friendship and support of each other in good and bad times, and your commitment to your dogs and to BARC. We simply could not succeed without you. It is an honor to serve on this Board, and to serve each of you.

–Karen Aufdemorte

© The BARC Beacon 2011

FROM THE EDITOR'S DESK


Lisa with Bosley

Greetings, all, and welcome to another summer edition of The BARC Beacon.

Well, the slightly cooler temps are FINALLY arriving just in time for fall! It's been a record setting hot summer here in the South, so this bit of cooler weather is being greeted with great enthusiasm by both humans and canines. Everyone I've spoken to the last couple of days has been out and about with their canine companions doing a variety of activities that everyone can enjoy! I sure hope this trend will continue on into the fall/winter!

As the temps cool down, fall arrives, and you make more time to get yourselves and your Berners more active, we have yet another issue of ***The BARC Beacon*** to share; so make sure to leave a little time open to curl up and have a good "read" with your BARC buddy by your side. This issue seems themed with bright spots from several very successful fundraisers to a great Berner gathering. Happy times for all! Along with these bright spots are some very tender moments that will touch the heart and, if you're like me, cause you to shed a tear…especially *"A Berner Day"*, a poem written by BARC dad, Manny Grijalva (and, of course, Baxter helped!), more commonly known as *"Baxter's Poem"* and a touching *"Memorial"* to the incredible life and spirit of one very special BARC girl. Our *"Funny Bones"* column will have you giggling (especially the photo) while Helen gets you geared up to get up & out and WORK with your Berner with the bad habits so that he/she will no longer behave in an overly zealous manner which we all know can be soooooooo embarrassing! Self control is a beautiful thing, wouldn't you agree, in both humans and canines!?!

Please take special notice of a new addition called *"BMD Resources"* that will be a regular addition to our newsletter from now on. Pat Long has been kind enough to help me pull this listing together. It contains most of the best online resources for all things having to do with Bernese Mountain Dogs. So if you've ever wanted to know about anything from health issues to research projects to regional clubs to financial aid resources…and even the variety of yahoo groups available to BMD owners, look no further! And if you love looking at photos of BMD's, you'll find tons of them on these sites. BTW, if you notice we missed one, please let us know, and we'll add it!! This is a work in progress!

And, as always, a huge debt of gratitude goes to each person who has played a part in the creation of this issue, be it by writing articles, taking photos, hosting/attending gatherings, creating the layout/design, editing/proofreading, or voting on the Last BARC captions…you are ALL vital to the ongoing effort of this publication, and I am grateful for you! None of these marvelous stories could be shared and people's days brightened were it not for YOU!

So we, the volunteer newsletter staff wish all our extended BARC family and special friends a very HAPPY FALL, and we hope that you'll enjoy spending a few minutes perusing the pages of this publication that is created for the sole purpose of supporting BARC families and those who've chosen to love Bernese Mountain Dogs (or other canines, for that matter!). We hope you'll find this issue uplifting and educational, and please let us know how you like it.

Happy fall, y'all!!

Lisa Hawes, Editor
With BARC's Bosley & Lil' Man Tonka in Dallas, TX

~holding our beloved BARC's BernieBob forever close in heart (11/7/04 ~ 7/25/09)


Tonka

INSIDE THIS ISSUE:

THE PEOPLE BEHIND BARC	1
FROM THE EDITOR'S DESK	2
BARC BUSINESS UPDATE & RECENT ADOPTIONS	3
FUNDRAISER BY THE BEACH	4
BOSLEY'S CULINARY CORNER	5
THE LAST BARC—MARCH RESULTS	5
MANAGING THE COSTS OF HIGH TECH HEALTH CARE	6
KAYLE'S 5TH ANNUAL BERNER BIRTHDAY BASH!	7
FUNNY BONES	8
MY DOG IS OUT OF CONTROL	9
BMD RESOURCES	10
IN MEMORIAM– HALLEY PARKY	11
A BERNER DAY	12
FUNDRAISER FAQ'S — BEHAF FUNDRAISER	13
JUMPING UP (OR… HOW TO PROPERLY GREET PEOPLE!)	14
BARC SPECIAL DAYS	15
THE LAST BARC	16
2012 BARC CALENDAR WINNERS	16

BERNESE AUCTION RESCUE COALITION

BARC, INC.

Lending a paw to those in need

BARC BUSINESS UPDATE

	2010	2011
Dogs Rescued	31	14
Adoptions Completed	19	20
Re-homes Completed	3	0
Donations/Adoption Fees	30,050	17,340
Expenses	33,855	22,806

If you have any questions or concerns, please email Karen Thompson at karenthompson@barcinc.net.

BARC OFFICERS:

- **President**: Amy Kessler—amykessler@barcinc.net
- **Vice President:** Linda Palma—lindapalma@barcinc.net
- **Secretary:** Marietta Ehrich—ehrichma@mtco.com
- **Treasurer:** Karen Thompson—karenthompson@barcinc.net

BARC BOARD OF DIRECTORS:

- Gary Turner—kcberner@sbcglobal.net
- Cheryl Thornton —cheryl.thornton@cox.net
- Karen Aufdemorte—kaufdemorte@gmail.com

NEWSLETTER STAFF:

- **Newsletter Editor:** Lisa Hawes—lkhawes@yahoo.com
- **Assistant Proofing:** Mary Ann Monte
- **Layout & Technical Production:** Beth E. McNeal

ADVISORY STAFF

- **Health & Wellness Articles:** Andrea Brin
- **Behavioral Issues:** Helen Hollander
- **Funny Bones:** Janice Parky

RECENT ADOPTIONS



Kristina Bazzano	Eastham, MA	Tank
Kelly Coradini	Bowling Green, KY	Emme
Marietta Ehrich	Metamora, IL	Heidi
Patty & Manny Grijalva	Naperville, IL	Baxter
Mary Kenady	Duvall, WA	Bella

NEXT NEWSLETTER DEADLINE:

Deadline for submissions for the Winter issue of the BARC Beacon is November 12, 2011.

All submissions to be sent to the Editor, Lisa Hawes by email at lkhawes@yahoo.com.



The Editor and Newsletter Staff reserve the right to use and to edit as necessary, articles and photographs submitted for publication. Any opinion or statement expressed by the author of any article published does not necessarily represent the opinion of the Editor, Newsletter Staff, BARC, Inc., or its Officers and Board of Directors. © The BARC Beacon 2011

Bernese Mountain Dog graphics and illustrations in this issue: © 1990-2011 Argostar.com © 2003-2011 Classique Graphics www.ClassiqueBMD.com

FUNDRAISER BY THE BEACH



The 4th Annual Fundraiser by the Beach was a success! This year, the fundraiser benefited two rescues. One was BARC, and the other was Rainbow Rescue of North Carolina, which is the rescue that we got our Sully from in June. The fundraiser was on Saturday, August 13th, and this year Delylah was by my side the whole time. She was extremely well behaved, and even though several people tried to adopt her, she served her purpose: she attracted lots of people to our table, and showed people that even purebred dogs can end up in abusive and dangerous situations. We just had to do a lot of convincing that she was not up for adoption! We also went sporting our brand new BARC shirts. We love them!

Instead of our usual lemonade/bake sale, we decided to have a stuffed dog adoption event. We got puppy stuffed animals and got little games, toys, and information. We put it all together in a beach bucket so it served a dual purpose. Each puppy got named and went home with a tag that had their story on it. The adoption fair was very successful, and it taught little kids about rescuing pets. Every stuffed dog found a loving home!

Our favorite part of the fundraiser is always meeting the people. We meet so many people who really support our cause. Most of them have a rescued pet at home, so they really understand how far a small donation can go. Then there are also the people who don't understand and have never heard of puppy mills. I know that by explaining what puppy mills are, I am helping to teach them something that can stick with them for life. Besides the donations, I know that education is probably the other most important thing.

I'm very excited to help out BARC and Rainbow Rescue, and I am very thankful to my friends and family for their continued support every year. Without them, my fundraiser wouldn't be possible!

~ Aryn Lazarus



BOSLEY'S CULINARY CORNER



HOMEMADE YOGURT

INGREDIENTS

3 1/2 c. very warm tap water
1 2/3 c. instant nonfat powdered milk
3 – 4 T. store-bought plain yogurt w/ live active cultures

DIRECTIONS

In a large very clean bowl, mix the very warm water and powdered milk. With a whisk, mix well. Allow it to sit a few minutes, then stir it again to ensure that all powdered milk is dissolved. Add the store-bought yogurt (must be of high quality) and mix well. Allow it to sit for a minute or so, then stir it again until all the yogurt is dissolved. Carefully pour the mixture into a very clean quart-sized wide-mouthed jar (canning jar or mayonnaise jar). Incubate (submerge to the jar's neck) the yogurt in very warm water for 8 – 10 hours (I often change out the water about half way through to ensure it stays pretty warm) or until it is "set" and almost as thick as store-bought yogurt. (I incubate my yogurt in a lunchbox-sized cooler.) Once set, refrigerate until chilled thoroughly.

**If you have a recipe that you'd like to share for yummy homemade dog treats, please send it to lkhawes@yahoo.com.



SUMMER PHOTO CAPTION CHALLENGE RESULTS



Top 5 captions in order of votes

(1) *"Don't just stand there; help me pick this up!!" - Kim Clark*

(2) *"97, 98, 99, 100 - They'll never find me in here!" - Amy Nielsen*

(3) *"Now this is a toy I can work with!!" - Karen Aufdemorte*

(4) *"I'm diggin' my way outta here, I tell ya! I'll dig all the way to China if I have to!" - Lisa Hawes*

(5) *"If there was only a rope on this, it would be so much easier for me to pull it around!" - Kim Clark*

MANAGING THE COSTS OF HIGH TECH HEALTH CARE



Andrea with Chi
Photo by John Moriarty.

Veterinary care has gone high tech in the last ten years. Following trends in parallel medical fields such as diagnostic, rehabilitative, and surgical, options are available for our Berners that did not exist in the past. Veterinary acupuncture, chiropractic, homeopathy, and rehab medicine have become recognized standards of care. Specialty clinics, twenty-four hour vets, and multi-specialty practices have become a way of life.

These advances in veterinary care bring with them veterinary bills that parallel those we receive from our own physicians.

The pet insurance industry has grown in direct response to these advances in care. Pet insurance can be a wise investment if all the options are known and plans are studied carefully. Not all companies offer the same kind of coverage. Premiums are based on the percent covered and your deductible.

Comparisons between policies can be seen at:

http://www.gopetplan.com/pet-insurance-comparison

When looking at policies, it is useful to know the following:

The younger the dog, the lower the premium, and the better the policy for that premium.

After getting a policy, you must have a dog seen by a vet, ASAP to rule out pre-existing conditions.

No policy will cover pre-existing conditions.

Some policies have annual deductibles; others have deductibles by incidence or body system (i.e. neurological, skin etc).

Some policies have a yearly maximum pay out; others have a maximum pay out per condition such as skin, allergy, thyroid, heart, etc.

Hereditary and congenital conditions are covered by some policies.

There are companies that will not cover chronic conditions for more than one year.

Most companies will now cover cancer.

Only a few will cover dental care, alternative care, and wellness.

Some companies have ceilings on the amount they will pay per illness type or surgery.

The cost of caring is great. Do your homework, and make a wise decision. Don't be sorry $5,000 later!

http://www.gopetplan.com/cost-of-caring



Andrea is skilled in canine massage and has completed course work in acupressure for dogs. Animal wellness comes naturally to Andrea, who has spent the last six years on a quest to create a holistic health environment for her two Bernese Mountain Dogs, Chi and Karma. Andrea also works as a nutritionist and wellness consultant. Her journey with her own dogs led her to bring services to the canine community that had previously only been available to their owners. She has chosen to step out of the box, think critically about their care and listen to their needs. She was instrumental in the development of Berner University and presents at the BMDCA National Specialty each year. Currently, Andrea is working with The Rabies Challenge Fund and other wellness projects. Photo © John L. Moriarty

KAYLE'S 5TH ANNUAL BERNER BIRTHDAY BASH!



Berner Birthday Bash took place in Chicago on August 13th. This is the party where we celebrate ALL Berner Birthdays throughout the year, get caught up, meet new people and thoroughly enjoy our cult status!

This year's party proved to be another enjoyable time by the guests of honor and the people, with a couple of very special moments and tributes that brought tears to many eyes, including mine.



The festivities began at 4 p.m., and by 4:01, we already had 7 Berners ready to party! How is it that they KNOW this party is for them and immediately take over the house? The meet & greet by all the Berners is always so much fun to watch - it is as though they are saying "so glad to see you again, how have you been ... let's catch up since last year and lap up some water together!" What is it about this breed that they instinctively know their "brothers and sisters?"



This year, we had the pleasure of watching not one, but TWO, 12 week old Berners attend the party. It was love at first sight for Kori and King, the two babies. And how much fun to be around the most adorable puppies in the entire world, not to mention their puppy breath!

For the most part, the house looked like a sea of beached black whales. Once their initial greetings were over, they looked for a place to "chill." And then their ears perked up as they picked up on the movement of people to the dining room... where THEIR cake was proudly displayed. Somehow they knew it was THEIR time to shine. They all began to get up and gather around the table, awaiting the out-of- tune singing of "Happy Birthday" to them, knowing that at the end of this silliness, they'd get their cake and eat it, too!



This year, though, before the singing, a toast was made to BARC girl, Chloe Greco, affectionately referred to as "the little girl with the white go-go boots." Sadly, Chloe passed away a month after last year's party. She had attended all the previous parties, thoroughly glowing from all the attention and love that was showered upon her, but always staying close to Mom Julie. There were several, last year, that specifically emailed me, asking if Chloe was coming to the party - not Julie, Sherman, or anyone else for that matter - it was, "Is Chloe coming?" She captured every heart of every person she met and will remain in everyone's hearts, forever. After I made the toast to Chloe, Manny Grijalva wanted to "say a few words." Baxter, their BARC foster, had written a poem about the hardships of being a Berner in a puppy mill, how so much is unknown, and how scary it can be living in a mill. Manny read the poem Baxter wrote - how he did it, I will never know - but it was so emotional. Baxter's poem ended with him (and Manny) finally acknowledging he was in his forever home and happy with Patti, Manny, Boomer and Jasmine. I don't think there was a dry eye in the house. It was a heartfelt poem that Baxter articulated so well to Manny. Throughout the toast to Chloe and Manny's reading of the poem, there was an eerie silence and calm in the house - all of the Berners were intently listening, hanging onto every word, as if they understood not only the importance of the words, but comprehended and agreed with them completely. Finally, we sang the celebratory song to them, and many of them joined us with their out-of-tune voices!



BARC, again, had a prominent presence at the party. Including Patti, the force behind BARC's latest fundraiser, there were several, including me, who proudly wore BARC t-shirts to the party. The shirts were an "in your face" reminder with the HUGE face of a BARC dog, staring at you! There were many people who asked me about the shirt and BARC, which is exactly the response I was hoping for!

For the record, there were 47 brats, 78 "sliders," 10 pounds of potato salad, 2 pounds of chips & salsa, 4 pounds of raw veggies & dips, 2 bags of potato chips and onion dip, and 68 cupcakes consumed by the two-legged attendees and a 10 pound birthday cake consumed by the stars, of which there were 26! More importantly, we had 9 BARC babies attending - Maybe, Hope, Sherman, Fancy Nancy, Shirley, Grace, Reggie, Jasmine and, now in his forever home, Baxter, affectionately known as the Southern Gentleman.

~ Kayle Luthey, Chicago, IL



CRUISER'S THUNDERSTORM…

It was a dark and stormy night… (I've always wanted to write that -- and now I get to!) We had record breaking rain -- something like 7" in a little over an hour, and the thunder was BOOMING! The two of my dogs most afraid in bad weather are Hugger and Cruiser… although truthfully, Cruiser is pretty afraid of everything! We were managing until the tornado sirens sounded, and we needed to get to the basement. We only have one dog that's comfortable with stairs - Buscia - and we decided not to put anyone through more trauma. We trusted that they would find a safe spot on the main level and ride it out, so Al, Buscia, and I headed down the basement stairs…and who's right behind us? Our goofy Cruiser!! He was scared half to death but, apparently, decided that it was better to be scared with us than without us, so he fumbled down the stairs, his eyes huge and drooling like crazy! Since Cruiser braved the stairway, I tried to coax Scout, and she managed to make it down, too. Hugger, although really terrified, wouldn't even approach the stairs and ran when I tried to catch her collar, so I decided to let her handle it in her own way, and went down to the basement. Al was worried about her, so he ventured up to check on her (sirens still blaring) and couldn't find her anywhere!! Now he's frantic… until he discovered her in the center-most, windowless room of the house -- his bathroom -- sitting in the bathtub. What a smart girl!!



So, somewhat comforted, he joined the rest of us who were waiting for the all clear signal. When it finally came, we opened the basement door, and everyone bounded up the stairs, happy to be released…but Cruiser had made a discovery! After we all came upstairs, he went back DOWNstairs… and then came back up… and then went back down…! "Look, Mom!! See what I can do?!" He did it clumsily and slipped a couple times, but he continued to 'practice'. His tail was wagging furiously, and he was clearly excited about his new talent. After a bunch of practice runs -- during several of which he got stuck, all four feet splayed in four different directions -- he managed to figure it out (once by going down backwards!), and then he started to take the stairs at a run. He'd get to the third or fourth step from the bottom, and then he'd jump to the bottom… SOOOO exciting!! Needless to say, he was exhausted by the time we all went to bed, but he was so pleased with himself! What a character this guy is -- an absolute gift!

(Read more about Hugger's story in the September 2010 newsletter; see p. 1 "BARC Siblings – A Special Bond" and p. 16, Hugger's "Memorial".)

~ Pat Tomaszewski

Funny Bones, is an opportunity to share those hilarious moments that most all Berners, but especially our BARC babies, seem to create. Have a story, but don't consider yourself to be a writer?.... I will happily help you. I am also collecting short anecdotes for a future column compilation. So start sending those stories to me j.parky@comcast.net. and let's get the side splitting laughter going!! — Bernerly, Janice Parky (editor of all things humorous)

MY DOG IS OUT OF CONTROL



Helen & Paxil

There is so much truth behind the saying “a tired dog is a good dog”.

As a trainer, I have had clients who moaned and groaned about their “out of control” dogs. “Why can’t he just lay quietly” or “why does he bark incessantly at me when I am trying to work at my desk” or “why does he zoom up and down the stairs grabbing things here and there which ends up with my chasing him” or, my favorite, “he jumps up and comes at me like a Sherman tank when ever I (or any one else) come through the door”.

Although a dog’s basic needs are relatively simple – food, shelter, water, and companionship - many owners overlook the most necessary need that all dogs require and, for the most part, crave - exercise. I am not only referring to physical exercise, but mental exercise too! “The brain is a terrible thing to waste!” The majority of dogs do not desire to lie around the house like beached whales. Whether you have a lap dog or a working breed, dogs need to have exercise in one way or another to avoid boredom and cabin fever. Even we humans do!

Insufficient exercise literally forces a dog to find ways to entertain themselves which usually manifests in destruction, anxiety based behaviors, or uncontrollable over exuberance.

Active pets are happy pets. When you participate in any activity with your dog, you are not only tiring him a bit, you are providing him with necessary mental and or physical exercise to keep him healthy. In addition, you are creating and ensuring a deeper bond and relationship between you and your dog.

So how do you instill self-control into an overly exuberant (or any) dog?

I think the general answer to this question is: Help your dog burn off excess energy and do it in such a way that is fun and safe and, most importantly, stimulating.

This is not difficult if you are starting with a young puppy. There are no “learned” behaviors or habits to undo, but you can help most dogs at any age. I believe the key part of successful training involves making training fun, while at the same time, setting realistic boundaries for your puppy/dog. Management and a consistent routine are crucial. Remember, dogs will repeat behaviors for which they have been rewarded…good or bad. Be sure to praise your dog often and reward any and ALL behaviors you find desirable. Redirect your dog from undesirable behaviors by showing and teaching him more appropriate ones.

Communicate with your dog. Learn his language and teach him yours. Learn what his body language and vocalizations are telling you. Usually, your dog is bored and wants your attention; perhaps he may be feeling anxious about something. Learn what his vocalizations mean.
In addition to communication, training skills help you gain control.

All dogs benefit from basic obedience and some basic obedience requests (such as sit, wait, down) or “go to place” - my favorite. “Targeting” can be used as a tool to gain control in any given situation. You do not need an arsenal of different behavior requests for this; one or two reliable ones usually suffice.

Obedience games are fun, and they exercise your dog’s mind. Play the “Touch” or “Targeting” game. This is easy to do and dogs catch on quickly. Simply, hold your hand out with your palm facing the dog, fingers pointing down. When your dog comes to sniff, click or say “yes!” and immediately treat your dog. Do several repetitions, treating your dog each time he touches your hand. Do not move your hand toward your dog. Once he reliably touches your palm, add the cue “touch”. Once he has put two and two together, start moving your hand a little higher or to the side or even lower. There is no end to what your dog can learn to target.

Another lesson is to teach him “Place”. This should be a cozy “chill” spot for your dog. Give him a place where he can run to for quiet time or when guests come to the door. Be sure you provide a marvelous chew toy or marrowbone that will encourage your dog to want to go chill and will motivate him to “stay”. Another “attention” game I encourage owners to perfect is “look” or “watch me”. If you can keep your dog focused on you (especially those prone to becoming anxious in new situations), most likely, he will not become anxious about what is going on around him.

Whether you are teaching your dog attention building games or a silly trick, you are affording your dog stimulation and mental exercise and above all, one on one time with you! This is what you dog needs and what most every dog wants.

FYI: Mental Exercise is just as important, if not more so, than physical exercise. Dogs ideally need both.

Dogs should have daily walks. Go on a hiking adventure if you live near the woods or a park. Drive to one if there isn’t one close by. Walks provide low aerobic physical exercise and stimulate your dog’s senses as well. You too will benefit and

come to look forward to your time together. You can even "give your dog a job to do" on your daily walks. How about teaching him to pull a wagon? Or, try putting on a vest where he can carry your water bottle, his treats (and yours) and even his poop bags. He will feel so empowered! Most importantly, you are together and bonding.

Playing with your dog is equally important. Try and pick a time every day to play with your dog. He will come to look forward to this. You can play inside or outside. Frisbees, balls and tossing various toys in the garden or other safe outside area does wonders. You only need to spend 5-10 minutes of quality playtime with your dog.

Inside the home can be a great "mental playground". Play hide and seek. Hide a toy or a biscuit and have your dog "find it". Try introducing your dog to "Nose Work" www.k9nosework.com or www.funnosework.com. Five minutes of nose work will even tire out the "ever ready bunny - Berner!"

If your dog displays hyper behavior, chances are he is anxious. Learn what triggers his anxious behavior and, above all, speak with your vet. Rule out any possible medical causes for your dog's behavior. Then, if necessary, seek professional assistance if you are unable to channel your dog's energy or modify his anxious behavior. There are wonderful "positive" trainers out there. Check www.apdt.org on the Internet.

Last but not least, try massage and perhaps t-touch, which has wonderful calming, effects.

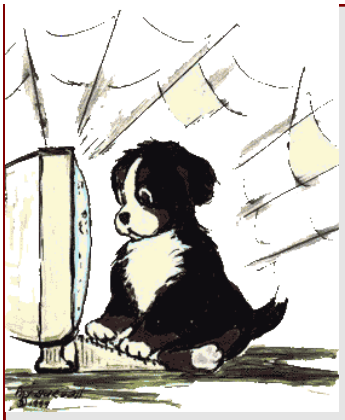
Most out of control behaviors can be harnessed into positive & productive behaviors. And the process of channeling your dog's extra energy will be rewarding for both you and your dog. I promise.

Only good things
~ Helen

HELEN HOLLANDER, CPDT-KA — *Helen graduated from Hofstra University with a degree in Psychology and later worked in the field of Special Education. Canine Behavior and training has always been Helen's hobby. Upon her children's graduation from High School, Helen switched professions to that of working with dogs on a professional level and furthering her education in Canine Behavior.*

Helen is a Certified Pet Dog Trainer and member of the Certification Council of Pet Dog Trainers, a Professional member of the Association of Pet Dog Trainers (APDT), a Certified Behavior Counselor through the Animal Behavior Center of New York. In addition, Helen serves as a Board member of the Nassau/Suffolk Owners Handlers Association and is a member of the Bernese Mountain Dog Club of America. In 2006, she became an AKC certified Evaluator for the CGC. Helen is a proactive advocate of dog-friendly, reward based training and is the owner of THE EDUCATED PUP, LLC, a private training and behavior counseling practice, located on Long Island, NY. In addition, Helen moderates an E-List that offers help for those people who own Shy/Aggressive Bernese Mt. Dogs. Email BerneseAggressiveandShy-subscribe@yahoogroups.com to join.

Helen presently shares her life with her well trained and understanding husband and two Bernese Mt. Dogs and one Iraqi rescue pup, Dusty. When not counseling other people's pets, you can find Helen ringside handling one of her Bernese in conformation.



BMD RESOURCES

(Quick-Reference Guide to Most Online Bernese Resources)

WEBSITES:

www.berner.org — website with links to almost everything Bernese

www.bmdinfo.org — website providing the beginnings of a Bernerpedia including links to regional clubs and rescue

www.bernergarde.org — Berner-Garde Database website, storing health and genetic information about all Berners, please share your Berner's info too!

www.barcinc.net — Bernese Auction Rescue Coalition; source for rescued BMDs

www.behaf.org — financial aid resource for Bernese in need

www.bmdca.org — website for the Bernese Mtn. Dog Club of America

http://bernese.biz/ — fundraisers, memorials, friends, veterans, and cancer information

YAHOO LISTS:

http://pets.groups.yahoo.com/group/BARCINC/ — discussion/support group for BARC dog owners and special friends

http://groups.yahoo.com/group/Berner-l/ — discussion group for all Berner owners and lovers worldwide

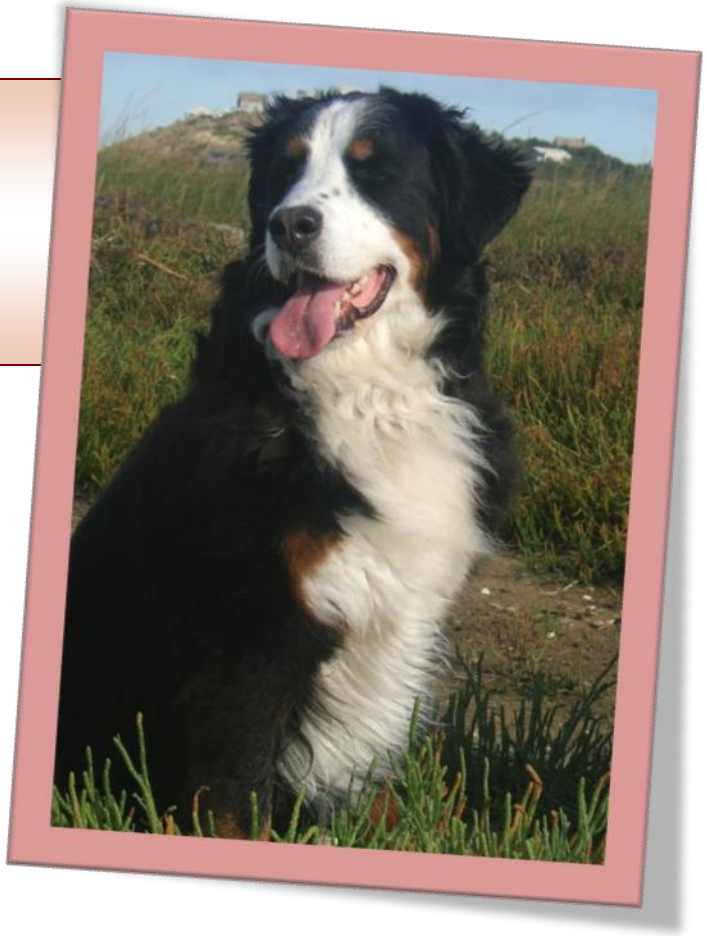
http://pets.groups.yahoo.com/group/shyaggressivebernese/ — providing dog friendly training and behavior modification suggestions

http://pets.groups.yahoo.com/group/NaturalBerners/ — support group for Berner owners who feed a raw diet or might be interested in doing so

IN MEMORIAM– HALLEY PARKY

Halley
BARC's Comet Comes Home,
CGC, CAP Therapy Dog

May 27, 2001 - August 17, 2011



Halley came into our lives in April of 2002 when she was 10 months old. She rescued us, after the devastating loss of our first Berner, Beau, to cancer at 4 years of age. I picked her (then known as "Brandy") up at Pat Long's house, drove with her to our first National Specialty in West Virginia, and spent the week there getting to know my new little BARC girl. When I arrived back home to Cape Cod with her, my boys watched as she joyfully raced around the yard. "Halley," they said, "We have to call her Halley....she is as fast as a comet."

Halley ruled the roost from the moment she arrived. She quickly got over her fear of garden hoses and men with sweatshirt hoods pulled up and became a fearless, bossy girl. If Halley wanted something, she let you know it. High energy and obsessed with food, we immediately started classes for her CGC title and the Companion Animal Program therapy dog program. She loved visiting nursing homes and participating in the READ Program at our local library. We practiced agility and participated in a demonstration at the annual Wellfleet Oysterfest, where Halley aced the run, but missed the last jump. I looked at her and said, "Halley, you missed the last jump," at which point she ran back into the ring, took the last jump and raced over to me. Halley always had to have the last word.

In 2005, Halley and I competed in Team Obedience at the BMDCA Specialty in Gettysburg along with Misha and Beth Schmoyer, Buster and Peggy Dixon, and Jesse and Amy Robertson-Nielson. While we did not win first place (or even second or third!), we all felt like winners, having our "BARC Team "O" represent our rescued BARC Berners.

As much as we all miss our Halley Storm, our Curley Girley, our Hale Quaeda (kong assault dog), we all feel so blessed that we shared her life for 10 years. And we are so thankful to Amy and the BARC rescue team who took a controversial stand and gave so many Berners the lives of freedom and love they deserve.

-Janice Parky & Bruce Cagwin

A BERNER DAY

By Manny Grijalva

Dedicated B.A.R.C.'s Baxter, all the great people at B.A.R.C., B.A.R.C. dogs and all puppy mill dogs

Years ago I was born, where my Berner mom lay
To a bright light, mommy kisses and some squealing puppy play
Surely this is, a great Berner Day!?!

A short time after, my first human came near
On two legs they stood, for some reason I felt fear
They grabbed us all, and then put us back
Love and care, is what these humans lack

Then one day I awoke, they took my mommy away
It seems too early…no please not today
This truly is not a good Berner Day

My siblings to cages, was the humans demand
I heard they went to a shop called Puppyland
Why was I left, in this scary place?
With screaming voices and that real scary face?!?





I guess my purpose now, is to mate in the hay
They bring one after the other, it sure seems okay
Is this what they call, a great Berner Day?

It's back to my cage, with only morsels of food
Why are these people, always in a bad mood?
No play time, no pampering… is this really my life?
It's no fun living, in such sadness and strife

The humans are more angry than normal today
I guess my mating is causing lost pay
So I'm thrown in a truck, on this Berner Day

There are more humans on this afternoon
A few dollars exchanged… a new human that soon?
Not just any humans but humans from B.A.R.C.
And before you know it, I play in a park



These new B.A.R.C. humans now calmly say
You are my foster, it will all be okay
I'm starting to feel it's a real Berner Day

These humans seem different, more caring and just
Are these B.A.R.C. humans the ones I should trust?
I don't know, it's too soon but I'm now in their home
Sure seems like a nice place, to romp and to roam

Some days and some weeks start to pass away
A first hug, a first kiss, my picture on display
I'm becoming a dog on this Berner Day

There is still something missing, but what could it be
A formal adoption for only a small fee
A forever home is what I lack
I now love humans, so there's no going back

A surprise for my human cuz today is the day
My other human has said that it's okay
I'm your Berner now, what a great Berner Day!!

FUNDRAISER FAQ'S — BEHAF FUNDRAISER



Joye Neff with Breeze

Joye Neff is a fundraiser for Bernese Mountain Dogs, both nationally and internationally. Since 1999, she has raised $645,762 doing fundraisers on the Berner lists for Berner health, rescue, and education. The generosity of the Berner Lovers on the lists made this total possible and she is thankful to everyone for their support!

Joye Neff
1182 Firwood Drive, Pittsburgh, PA 15243-1881
(412) 561-8539 — joye.neff@gmail.com

Q: Which fundraiser is currently running or will run during this quarter, and where do I go to find it?

A: The next fundraiser will be the 2011 BEHAF (Berner Emergency Health Assistance Fund) Fundraiser. The start date will be early October and will run until the end of November 2011. We will be raising money to help provide some financial assistance to owners of purebred Bernese Mountain Dogs who find themselves in need of a little help when their dogs are accidentally injured or develop catastrophic medical conditions. BEHAF has been in existence since 1999. If you have a purebred Berner with health issues, and treatment is being determined by financial constraints, contact BEHAF! They are there to help. Their goal is purely and simply to make a difference in the lives of Bernese Mountain Dogs. More information will be ready mid-October, so please visit http://bernese.biz/2011BEHAFFundraiser.htm.

Q: How do I participate to donate items?

A: The prizes are Berner items that people donate to this fundraiser. If you have a special item to donate for the BEHAF Fundraiser, please e-mail Joye right away at: joye.neff@gmail.com.

Q: How do I participate to win items?

- Tier One Tickets cost: $5 each, or 8 for $20, or 24 for $50

- Tier Two Tickets cost: $1 each, or 6 tickets for $5, or 30 tickets for $20

You can get tickets by mailing a check to Joye Neff made payable to: BEHAF. Mail your check to: Joye Neff, 1182 Firwood Drive, Pittsburgh, PA 15243-1881

Please include your name, address, phone number, and e-mail address. Be sure to include a note telling Joye how to distribute your tickets for you.

EXAMPLE: "Joye, please give me 20 tickets. I'd like you to place the tickets into the following envelopes: 2 each in items number 2, 8, 14, 22, 33. 34, 45, 63, 77 and 89."

If you have any questions, just let Joye know and she'll clarify or answer them for you!!

You may also see www.BMDfundraiser.org for information on all Berner charities and fundraising links.

RECENT BARC FUNDRAISERS

Thanks to the hard work and dedication of Karen Aufdemorte, of Oklahoma City, and Patti Grijalva, of Chicago, BARC has had another two very successful fundraisers recently. Patti got help from an online source designing a BARC logo, which was made into decals for car windows and the like. Karen reports that to date, the decal fundraiser has raised $750 for BARC. Whooohooo! And Karen says she still has about 50 decals, so if you haven't gotten yours, email Karen Aufdemorte (kaufdemorte@gmail.com) and place your order!!

Patti also spearheaded a T-shirt/hoodie fundraiser using the same logo (see photo w/ BARC mom/foster mom models). To date, they have placed a second order for these items since the first order went so well. Patti reports that the first order raised $483 for BARC, and the second one is still being tabulated (a total of $600 has been raised at time of publication). The T-shirts were so well liked by those who bought them and were even the hit of the 5th Annual Berner Birthday Bash last month in Chicago (read all about it in this newsletter!).



Kayle, Patti, & Julie

THANK YOU, ladies, for all your hard work on BARC's behalf and on behalf of all the very special furkids who benefit from your efforts. We know it was for the love of your own BARC furkids that you labored so diligently.

JUMPING UP (OR... HOW TO PROPERLY GREET PEOPLE!)

Clicker Training Lessons
gentle & effective obedience training for your dog

Most jumping up happens when you are greeting your dog. Be aware that a large part of the reward for the dog is the attention he receives from the person. Just about ANY reaction (shoving, yelling, pushing, etc.) is attention and therefore reinforcing. It is best to ignore the behavior as much as possible - make it STOP WORKING as an attention getter!

Also, realize that the excitement of the greeting is what sets off many dogs. So, do your best to keep your greeting behavior as low key and quiet as possible. Consider ignoring your dog when you first enter the house (unless he's in urgent need of a potty break, of course). Greet any other human family members first, and ignore the frantic, jumping dog until he settles down. Even then, keep your greeting calm.

As soon as your dog is responding well to your Sit signal, start using it when greeting him. As you approach, calmly give the sign for Sit, and reinforce it with a treat and calm praise and petting if he responds.

You will likely find that you can make a lot of progress teaching your dog not to jump on members of your family, but that greeting visitors is much more of a challenge. The advice below should be helpful for that:

1. First, until your dog is reliably sitting or standing when greeting people, tell everyone to just turn aside when he jumps up, and then to walk away. They must be sure to give the dog NO ATTENTION for that behavior any more.

2. Have as many people as you can help out by coming in the door to greet him (with treats if you like).

3. You should have your dog on a leash and be ready with plenty of excellent treats. Signal him to Sit, and help him to stay there by slowly feeding him the treats as the people are coming in.

4. The people (coming in only one at a time) should quietly greet him, and gently pet/give treats as long as he remains sitting. If he jumps up, then they should turn away, ignoring him until you let them know that he has all four paws back on the ground and has settled. Having the people crouch to quietly greet him will help a lot!

5. The more people you can get to help, and the more times you can practice it, the better. You want your dog to learn that jumping up no longer works to get attention. Rather, keeping his paws on the ground now does work!

6. The key to all this is really consistency. If sometimes the dog jumps up and is allowed then he will learn that is okay to do so and will only be confused. Remember, ANY response other than ignoring him is attention, which is reinforcing even if negative. The hard part is usually getting all family members to play along.

7. When you have company over with whom you really can't work on this, then do not let them in until you have the dog under control. Either on leash (and you have some treats to reinforce him for not jumping) or simply outside or in his crate with a pig ear or juicy bone. As with everything else, if you allow the behavior to happen (for whatever reason), then you are actually teaching him that it's acceptable. So, if you can't train, then do what you have to do to avoid the situation.

Good luck!





Mary Woodward & Susan Greenholt
Greenwood Dog Training School
Wilmington, DE
*using positive methods to teach people how to teach their pets!
www.clickerlessons.com
www.greenwooddogs.com



BARC SPECIAL DAYS

September 2011

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Belle Lowe	9/3/2004	Birthday
George Egger	9/4/2008	Anniversary
Kaiah Cabral	9/5/2009	Anniversary
Molly Prato	9/6/2008	Anniversary
Cruiser Tomaszewski	9/7/2003	Birthday
Denise Schatz	9/11/2008	Anniversary
Maggie Hannon	9/11/2008	Anniversary
Miss Emma Webber	9/11/2008	Anniversary
Emme Meckes	9/12/2003	Birthday
Zoe Monte	9/12/2010	Anniversary
Buscia Tomaszewski	9/14/2003	Birthday
Gracie Lettner	9/20/2010	Anniversary
Moonlight Ginsberg	9/21/2009	Anniversary
Shirley Greco	9/23/2010	Anniversary
Howard Greco	9/24/2005	Anniversary
Brogen Blake	9/26/2004	Birthday
Anne Sandler	9/26/2004	Birthday
Oliver Barry	9/27/2006	Birthday
Maybe Bauman	9/28/2008	Anniversary
Emily Vandemark	9/29/2004	Birthday
Faith Chacon	9/30/2002	Birthday



November 2011

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Patience Hoefinger	11/2/2009	Anniversary
Heidi Niggli	11/06/2005	Birthday
Missy Meisner	11/10/2009	Anniversary
Smidgen Klinger	11/10/2010	Anniversary
Arthur Freedman	11/11/2005	Anniversary
Bea Stringfellow	11/13/2008	Anniversary
Daisy Devine	11/14/2005	Birthday
Remington Stainecker	11/14/2008	Anniversary
Ruby Patrick-Baudet	11/15/2002	Birthday
T. Boone Thornton	11/15/2010	Anniversary
Jasmine Grijalva	11/16/2005	Birthday
Bozo Schwartz	11/17/2006	Anniversary
Jake Simidian	11/18/2000	Birthday
Lindsay Fitch	11/22/2005	Birthday
Bella Kutsenda	11/23/2001	Birthday
Bianca Rosa	11/23/2001	Birthday
Mooch Wiegand	11/25/2003	Birthday
Brie Susko	11/25/2008	Birthday
Abby Prather	11/26/2003	Birthday
Callie Lilien	11/25/2008	Birthday
Chester Webb	11/27/2008	Anniversary
Lewis Fowler	11/28/2002	Birthday

October 2011

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Mario Reddout	10/4/2001	Birthday
Jojo McQueen	10/7/2009	Anniversary
Paxton Kuehn	10/8/2009	Anniversary
Dallas Goodman	10/9/2009	Anniversary
Lexi Ginsberg	10/14/2008	Anniversary
Panda Whitton-Smith	10/15/2002	Birthday
Bryce Neidlinger	10/16/2006	Birthday
Bear Suydam	10/17/2005	Anniversary
Buddy Bledsoe	10/20/2004	Birthday
Lainey Meslinsky	10/22/2002	Birthday
Carly O'Connell	10/28/2008	Anniversary
Lilly Schlabach	10/30/2008	Anniversary
Abby Prather	10/31/2009	Anniversary

We would like to commemorate your BARC dog's special dates! Please help us start the BARC Database by sending information about your dogs. Send your information to: maryannmonte@bellsouth.net.

2012 BARC Calendar Photo Winners!

CONGRATULATIONS to all of our 2012 calendar photo winners!

We were again thrilled with the great photos that were submitted and the judging was TOUGH. But we have finally made the decision for the year's calendar...and the winners are (in alpha order):



Tyson & Buddy - Vicki & Paul Bledsoe
Maddie - JoAnn Boehm
Lindsay - Debby Fitch
Romeo – Lisa Florin
Bailey - Kathleen Fowler
Chloe – Julie Greco
Holly - Melissa & Kevin Murphy
Barclay & Colby - Karen Robillard
Molly - Lori & Chris Roczkowsky
Dignan – Tracy Werner
Dillon - Megan, Jeff & Cole Wheeler
Oscar - Patt Wiegand
Leah & Moose - Bridget Williams



For those of you who did not make it into the calendar, keep those cameras handy! The BARC calendar features one of our special BARC Berners on each page and the cover. It also features a special dedication to those BARC Berners who crossed the Rainbow Bridge in 2011.

The calendars make wonderful gifts for friends and family. Order early to receive yours in time for holiday gift giving. Each calendar costs $25 (including shipping) and all proceeds over costs go to BARC. We are taking preorders now—please send your address and the number of calendars you would like to order via email to Debby Fitch at thetrumancollar@yahoo.com.

THE LAST BARC — FALL PHOTO CAPTION CHALLENGE



A new Photo Caption Challenge for Fall! The picture is randomly chosen out of the BARC Photobucket.

So all you creative, witty people out there, here's your chance to have some fun.

Email your photo caption to Lisa Hawes, Newsletter Editor (lkhawes@yahoo.com) by November 12, 2011.

The top 5 captions as chosen by the Newsletter Staff will be published in the next issue, along with a new challenge.

Enjoy!! Have fun!!